

2013

1A, 1B, 2B Track and Field Schedule – Friday May 24, 2013

Running Events	Heat One	Heat Two
2B Girls 4x200M Relay	10:00am	10:07am
1A Girls 4x200M Relay	10:15am	10:22am
1B Girls 3200M Run	10:30am	
2B Girls 3200M Run	10:50am	
1A Girls 3200M Run	11:00am	
2B Boys 110M HH	11:30am	11:35am
1A Boys 110M HH	11:40am	11:45am
2B Girls 100M HH	11:55am	12:00pm
1A Girls 100M HH	12:05pm	12:10pm
Combined Wheelchair 100M	12:15pm	
2B Boys 100M Dash	12:20pm	12:25pm
1A Boys 100M Dash	12:30pm	12:35pm
2B Girls 100M Dash	12:40pm	12:45pm
1A Girls 100M Dash	12:50pm	12:55pm
1B Boys 1600M Run	1:00pm	
2B Boys 1600M Run	1:10pm	
1A Boys 1600M Run	1:20pm	
2B Boys 4x100M Relay	1:30pm	1:37pm
1A Boys 4x100M Relay	1:44pm	1:51pm
2B Girls 4x100M Relay	1:58pm	2:05pm
1A Girls 4x100M Relay	2:12pm	2:19pm
2B Boys 400M Dash	2:25pm	2:30pm
1A Boys 400M Dash	2:35pm	2:40pm
2B Girls 400M Dash	2:45pm	2:50pm
1A Girls 400M Dash	2:55pm	3:00pm
Combined Wheelchair 400M	3:05pm	
2B Boys 300M IH	3:15pm	3:20pm
1A Boys 300M IH	3:25pm	3:30pm
2B Girls 300M LH	3:35pm	3:40pm
1A Girls 300M LH	3:50pm	3:55pm
2B Boys 800M Run	4:00pm	4:05pm
1A Boys 800M Run	4:10pm	4:15pm
2B Girls 800M Run	4:20pm	4:25pm
1A Girls 800M Run	4:30pm	4:35pm
2B Boys 200M Dash	4:40pm	4:45pm
1A Boys 200M Dash	4:50pm	4:55pm
2B Girls 200M Dash	5:00pm	5:05pm
1A Girls 200M Dash	5:10pm	5:15pm
Combined Wheelchair 3200M	5:20pm	
2B Boys 4x400M Relay	5:40pm	5:47pm
1A Boys 4x400M Relay	5:54pm	6:01pm
2B Girls 4x400M Relay	6:08pm	6:15pm
1A Girls 4x400M Relay	6:22pm	6:29pm

Field Events		
*Combined WC Discus		9:30am
*Combined WC Javelin		9:45am
1A Boys	Javelin	10:00 AM
1B Boys	Discus	10:00 AM
1B Girls	Shot	10:00 AM
2B Girls	Pole Vault	10:00 AM
1A Girls	High Jump	10:05 AM
2B Girls	Triple Jump	10:10 AM
2B Boys	Long Jump	10:15 AM
1A Boys	Discus	12:30 PM
1B Boys	Pole Vault	12:30 PM
2B Boys	Shot	12:30 PM
2B Girls	Javelin	12:30 PM
1B Girls	High Jump	12:35 PM
1B Boys	Triple Jump	12:40 PM
1A Girls	Long Jump	12:45 PM
1A Boys	Pole Vault	3:00 PM
1A Girls	Shot	3:00 PM
1B Boys	Javelin	3:00 PM
2B Girls	Discus	3:00 PM
2B Boys	High Jump	3:05 PM
1A Boys	Triple Jump	3:10 PM
1B Girls	Long Jump	3:15 PM
* to be contested at the		
Hammer ring where		
the old discus was held.		

2013

1A, 1B, 2B Track and Field Schedule – Saturday May 25, 2013

Opening Ceremonies	9:15 am
Running Events	Finals
1B Girls 4x200M Relay	10:00am
2B Girls 4x200M Relay	10:07am
1A Girls 4x200M Relay	10:14am
1B Boys 110M HH	10:30am
2B Boys 110M HH	10:35am
1A Boys 110M HH	10:40am
1B Girls 100M HH	10:50am
2B Girls 100M HH	10:55am
1A Girls 100M HH	11:00am
1B Boys 100M Dash	11:10pm
2B Boys 100M Dash	11:15am
1A Boys 100M Dash	11:20pm
1B Girls 100M Dash	11:25am
2B Girls 100M Dash	11:30am
1A Girls 100M Dash	11:35am
1B Girls 1600M Run	11:40am
2B Girls 1600M Run	11:50am
1A Girls 1600M Run	12:00pm
1B Boys 4x100M Relay	12:10pm
2B Boys 4x100M Relay	12:15pm
1A Boys 4x100M Relay	12:20pm
1B Girls 4x100M Relay	12:25pm
2B Girls 4x100M Relay	12:30pm
1A Girls 4x100M Relay	12:35pm
Combined Wheelchair 1600M	12:40pm
1B Boys 400M Dash	12:50pm
2B Boys 400M Dash	12:55pm
1A Boys 400M Dash	1:00pm
1B Girls 400M Dash	1:05pm
2B Girls 400M Dash	1:10pm
1A Girls 400M Dash	1:15pm
1B Boys 300M IH	1:30pm
2B Boys 300M IH	1:35pm
1A Boys 300M IH	1:40pm
1B Girls 300M LH	1:45pm
2B Girls 300M LH	1:50pm
1A Girls 300M LH	1:55pm
1B Boys 800M Run	2:10pm
2B Boys 800M Run	2:15pm
1A Boys 800M Run	2:20pm
1B Girls 800M Run	2:25pm
2B Girls 800M Run	2:30pm
1A Girls 800M Run	2:35pm
Combined Wheelchair 800M	2:40pm

Running Events Cont.	Finals
1B Boys 200M Dash	2:45pm
2B Boys 200M Dash	2:50pm
1A Boys 200M Dash	2:55pm
1B Girls 200M Dash	3:00pm
2B Girls 200M Dash	3:05pm
1A Girls 200M Dash	3:10pm
Combined Wheelchair 200M	3:15pm
1B Boys 3200M Run	3:20pm
2B Boys 3200M Run	3:35pm
1A Boys 3200M Run	3:50pm
1B Girls 4x400M Relay	4:05pm
2B Girls 4x400M Relay	4:12pm
1A Girls 4x400M Relay	4:19pm
1B Boys 4x400M Relay	4:26pm
2B Boys 4x400M Relay	4:33pm
1A Boys 4x400M Relay	4:40pm

Field Events		
*Combined WC Shot		9:45am
1A Girls	Javelin	10:00 AM
1B Boys	Shot	10:00 AM
1B Girls	Discus	10:00 AM
2B Boys	Pole Vault	10:00 AM
2B Girls	High Jump	10:05 AM
2B Boys	Triple Jump	10:10 AM
1A Boys	Long Jump	10:15 AM
1A Boys	Shot	12:30 PM
1A Girls	Pole Vault	12:30 PM
1B Girls	Javelin	12:30 PM
2B Boys	Discus	12:30 PM
1B Boys	High Jump	12:35 PM
1A Girls	Triple Jump	12:40 PM
2B Girls	Long Jump	12:45 PM
1A Girls	Discus	3:00 PM
1B Girls	Pole Vault	3:00 PM
2B Boys	Javelin	3:00 PM
2B Girls	Shot	3:00 PM
1A Boys	High Jump	3:05 PM
1B Girls	Triple Jump	3:10 PM
1B Boys	Long Jump	3:15 PM
* to be contested		
at the Shot		
ring on the field		