Updated 1/12/15

2015 District One Sub-Regional Wrestling Tournament

# MOUNT BAKER HIGH SCHOOL

**Saturday, February 7**

**Seed Meeting is on Wednesday, Feb. 4, 2015 at Bob’s Burger and Brew in Burlington at 6:30pm**

**Contact Information:**

Derek Forbes – MBHS Assistant Principal / AD Mickie Perez – Athletics Secretary

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## TOURNAMENT COMMITTEE

Ron Lepper – Mount Baker High School

Head Referee – Whatcom/Skagit Association

Derek Forbes – Athletic Director Representative

NWC Coaches Representative –

CC Coaches Representative -

**LOCATION OF TOURNAMENT**

Mount Baker High School Fieldhouse

4936 Deming Road

Deming, WA 98244

Telephone: Main Office: (360) 383-2015

1A PARTICIPATING SCHOOLS

Meridian Trojans (MERD) Black and Gold South Whidbey Falcons (SWHD) Royal Blue and White

Mount Baker Mountaineers (MTBK) Red and Black Sultan Turks (SULT) Navy and Columbia

Nooksack Valley Pioneers (NOOK) Purple and White ???Seattle Academy???

###### SEEDING CRITERIA

###### Seeding for the Tournament will be based on:

* Head to Head – Current Year. If tied, the last match decides seed unless decided by injury default.
* State Placer – Anytime
* Regional Placer – Previous year
* Overall record
  + Excluding forfeits
  + If both participants have wrestled more than 20 matches, comparison will be based on win percentage.
* League Placer – Previous Year

**ITINERARY**

#### Saturday, February 7, 2014 – 2 Mats

* Weigh In: 8:00 AM
* Coaches Meeting: 9:00 AM
* Matches Begin: 10:00 AM
* The championship matches will not be scheduled separately. The goal is to get wrestlers home as soon as possible.

**TOURNAMENT POINTS**

The top six (6) placers in each weight class earn points at the following ratio:

FIRST PLACE……………….16 points

SECOND PLACE……………12 points

THIRD PLACE…………….…9 points

FOURTH PLACE………….…7 points

FIFTH PLACE………………..5 points

SIXTH PLACE……………….3 points

**WEIGH-IN**

* National Federation Wrestling Rules weigh-in procedures will be used at all WIAA Regional Tournaments
* Electronic scales will be used for weigh-ins and should expedite the process.
* Officials will be available at the Saturday weigh-ins for skin checks. Officials will be at each scale. We will run at least two scales during weigh-in.

**OFFICIALS ASSOCIATION**

Whatcom/Skagit County official will be used. Officials will be present at weigh-in.

**QUALIFYING FOR REGIONALS**

**1A Regionals-** Meridian High School-Saturday, February 14, 2015. Top four placers from the Sub Regional Tournament will advance to the Regional Tournament.

**State Tournament-**Tacoma Dome-Friday, February 20 & Saturday, February 21, 2015.

**ADMISSIONS Per day**

##### Adults & HS Students w/out ASB $8

Elem. Students, HS Students w/ASB & Seniors (65+) $6

Preschool (accompanied by adult) FREE

Ticket sales should start 1 hour prior to contest.

## PASSES

District One Pass or NWC/District1/WIAA Lifetime passes are valid for admission. The school name must be printed/typed on the pass**. *No other passes will be accepted!*** Participants, coaches and support staff needs to be listed on the participant’s sheet provided.  **This list needs to be completed and returned to the Mount Baker HS Athletic Office by 3:00 PM, Tuesday, February 3, 2015**. **Please type the names in to the form.**

**Email: dforbes@mtbaker.wednet.edu**

**PROTESTS**

Any protest occurring at the tournament will be presented to the Tournament Director. He in turn will confer with the tournament committee. Decisions of the committee are final.

**PROGRAMS/TEESHIRTS**

Programs and Tee shirts will be available at the Sub-Regional Tournament.

**CONCESSIONS**

Concessions will be available.

**CHEERLEADERS**

Up to eight cheerleaders and their advisor will be admitted free. Only four cheerleaders will be allowed mat-side during a match.

**LOCKER ROOMS**

Locker rooms will be provided. Individuals will need to provide their own towels and are expected to treat the facilities with care.

**W.I.A.A. TOURNAMENT RULES**

W.I.A.A. tournament rules will apply. (i.e. Sportsmanship, signs, noisemakers, floor restrictions, coaches in the corner and admissions.)

**FLOOR RESTRICTIONS**

There will be no reserved seating sections. Space will be limited when we are wrestling on two mats.

A coach, assistant coach, trainer, or manager, not a wrestler, will be permitted to sit in the chairs matside during the matches. The limit is two coaches per school at a mat. We insist they remain seated in their chair during the course of the match and not run onto the mat for coaching or any other purpose, unless there is an injury. No one other than official staff will be allowed on the floor. Photographers and Video Cameras will not be allowed on the floor.

**INJURED WRESTLERS**

A wrestler removed from participation in a tournament match due to an injury, shall not be allowed to continue until authorized by the medical authority that made the original decision at that tournament, or his/her designee. Decisions by the medical authority are final.

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| **TEAM/SCHOOL PASS LIST for High School** | | | | | | | |
|  | |  | |  |  |  |  |
| **PARTICIPANT** | | | | **GRADE** |  | **COACHES** | |
| **106** |  | | |  |  | HEAD COACH | |
| **106** |  | | |  |  | 1. | |
| **113** |  | | |  |  | ASST. COACHES | |
| **113** |  | | |  |  | 1. | |
| **120** |  | | |  |  | 2. | |
| **120** |  | | |  |  | 3. | |
| **126** |  | | |  |  | 4. | |
| **126** |  | | |  |  | 5. | |
| **132** |  | | |  |  | TEAM MANAGER | |
| **132** |  | | |  |  | 1. | |
| **138** |  | | |  |  | PHOTOGRAPHER | |
| **138** |  | | |  |  | 1. | |
| **145** |  | | |  |  | TRAINER | |
| **145** |  | | |  |  | 1. | |
| **152** |  | | |  |  | SUPERINTENDENT | |
| **152** |  | | |  |  | 1. | |
| **160** |  | | |  |  | SCHOOL BOARD | |
| **160** |  | | |  |  | 1. | |
| **170** |  | | |  |  | 2. | |
| **170** |  | | |  |  | 3. | |
| **182** |  | | |  |  | 4. | |
| **182** |  | | |  |  | 5. | |
| **195** |  | | |  |  | PRINCIPAL | |
| **195** |  | | |  |  | 1. | |
| **220** |  | | |  |  | 2. | |
| **220** |  | | |  |  | ATHLETIC DIRECTOR | |
| **285** |  | | |  |  | 1. | |
| **285** |  | | |  |  | CHEER ADVISOR | |
|  | | | | |  | 1. | |
|  | |  |  | |  |  |  |
| Please email to Derek Forbes – [dforbes@mtbaker.wednet.edu](mailto:dforbes@mtbaker.wednet.edu)  **BY 3:00 TUESDAY, FEBRUARY 3, 2015** | | | | | | | |
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