2016 SUB-REGIONAL #1 WRESTLING TOURNAMENT

Bellingham High School Friday/Saturday, February 5-6, 2016

SEED MEETING INFORMATION

Girls seeding meeting will be held at Bellingham High School on Monday, February 1, 2016 at 6:00 pm. To expedite the seeding process, please submit names to be entered in the computer before 11:00 am that morning.

TOURNAMENT FACTS

Tournament Directors: Fax: (360) 647-6806

Chad Larsen Email: chad.larsen@bellinghamschools.org

Cell: (360) 303-6951 Athletic Secretary- Ann Vallee Work Phone: (360) 676-6470 ext. 7167 ann.vallee@bellinghamschools.org

NOTE: Wrestling will begin on Friday Night Feb. 5th. Weigh-ins at 4:00 pm for all teams in the tournament with wrestling starting at 6:00 pm. Two rounds will be wrestled Championship Bracket Round 1 and Consolation Bracket Round 1.

LOCATION OF TOURNAMENT

Bellingham High School Gymnasium-Directions and map below.

2020 Cornwall Ave Bellingham, WA 98225

Telephone: Athletic Office: (360) 676-6470, ext 7168

PARTICIPATING SCHOOLS

Any school with girls in District One

SEEDING CRITERIA

Seeding for the Tournament will be based on:

- Head to Head Current Year. If tied, the last match decides seed unless decided by injury default.
- State Placer-Anytime
- Regional Placer-Previous year
- Overall record
 - Excluding forfeits
 - o If both participants have wrestled more than 20 matches, comparison will be based on win percentage.
- League Placer-Previous year

ITINERARY:

Friday, February 5, 2016 2 MATS

Weigh In: 4:00 PM Coaches Meeting: 5:00 PM National Anthem: 5:58 PM Matches Begin: 6:00 PM

Saturday, February 6, 2016 2 MATS

Weigh In: 8:00 AM
Coaches Meeting: 9:00 AM
National Anthem: 9:58 AM
Matches Begin: 10:00 AM

TOURNAMENT POINTS

The top six (6) placers in each weight class earn points at the following ratio:

Medals will be awarded to champions in each weight class.

WEIGH-IN:

- a. National Federation Wrestling Rules weigh-in procedures will be used at all WIAA Regional Tournaments.
- b. Electronic scales will be used for weigh-ins and should expedite the process.
- c. Officials will be available at the weigh-ins for skin checks. Officials will be at each scale. We will run at least two scales during weigh-in.
- d. There is a one pound weight allowance for a wrestler that advances from Friday to Saturday.
- e. All wrestlers must weigh-in on Friday and pass skin checks on Friday as well.

WARM-UPS

A mat room is available and is the designated warm-up area.

QUALIFYING FOR REGIONALS

Girl's Regional-Regionals will be held at Squalicum High School on February 13, 2016.

Mat Classic-Tacoma Dome- Fri/Sat, February 19 and 20, 2016. Top four placers from the Region 1 Tournament will advance to the State Tournament.

<u>ADMISSION</u>	<u>Per day</u>
Adults & Students w/out ASB	\$7
Students (7-12) w/ASB	\$5
Seniors (65+)	\$5
Preschool (accompanied by adult) FREE

Ticket sales will start 45 minutes prior to the first matches.

PASSES

District One Event Supervisory Pass only and District 1/WIAA Lifetime passes are valid for admission. The school name must be printed/typed on the pass. No other passes will be accepted! Participants, coaches and support staff needs to be listed/typed on the participant's sheet provided. This list needs to be completed and returned to the Bellingham HS Athletic Office by 11:00 am, Tuesday, Feb. 2, 2016.

PRESS- Members of the working media and press photographers who wish to cover the event will be admitted, but need to check-in at the pass gate with appropriate credentials.

AWARDS

Individual First Place at each weight will receive a medal from WIAA District One. 2nd through 4th places will receive a ribbon. NO TEAM TROPHY will be award since this is a regional qualifier.

PROGRAMS/T-SHIRTS

Programs and t-shirts will be available at the Sub-Region #1 Tournament.

CONCESSIONS will be available.

CHEERLEADERS

Up to eight cheerleaders and their advisor will be admitted free. Please include on the list.

LOCKER ROOMS

Locker rooms will be provided. Individuals will need to provide their own towels and are expected to treat the facilities with care.

W.I.A.A. TOURNAMENT RULES

W.I.A.A. tournament rules will apply. (i.e. Sportsmanship, signs, noisemakers, floor restrictions, coaches in the corner and admissions.)

FLOOR RESTRICTIONS

This is a WIAA post-season event. Spectators will not be allowed in the wrestling areas.

- **a.** The **west bleachers** are assigned for spectators.
- **b.** The **east bleachers** will be reserved for teams and individual wrestlers.
- **c.** Only two coaches and a scorer per school at a mat. Wrestlers not wrestling may not sit in the coach's area. Passes will be issued to coaches and scorekeepers.
- d. Photographers and Video Cameras- <u>Will not be allowed on the mats.</u> Please inform parents that they will not be allowed to photograph in the wrestling area.

INJURED WRESTLERS

A wrestler removed from participation in a tournament match due to an injury, shall not be allowed to continue until authorized by the medical authority that made the original decision at that tournament, or his/her designee. Decisions by the medical authority are final.

PROTEST

Protest filed by a representative of the school (i.e. coach or administrator, etc.) will be presented to the Tournament Director, who will then confer with the Tournament Games Committee. Their decision will be final and may not be appealed. Parents or other non-school persons may not file a protest. Parents are not allowed to be involved in the protest with the games committee.

TOURNAMENT COMMITTEE

- 1. Tournament Director: Chad Larsen
- 2. Head Official
- 3. TBD –Neutral Coach
- 4. TBD Neutral Coach

W.I.A.A. EJECTION RULE

Wrestlers barred from all further competition (remainder of Sub-Regionals, and the Regional and State Tournament) if:

- 1. EJECTED FOR FIRST instance of Flagrant Misconduct (Federation Rule) OR
- 2. EJECTED FOR SECOND instance of Un-sportsmanlike Conduct (Federation Rule) of an "abusive" nature (W.I.A.A. standard).

USE OF TOBACCO:

The Bellingham School District site is a tobacco free area under RCW 28A.210.310. Tobacco use is not allowed anywhere on the premises.

TEAM / SCHOOL PASS LIST-District 1 Sub-Region Girls Wrestling

PARTICIPANT:	COACHES:	CHEERLEADERS:
1.	HEAD COACH:	1.
2.	1.	2.
3.	ASST. COACHES:	3.
4.	1.	4.
5.	2.	5.
6.	3.	6.
7.	4.	7.
8.	MANAGERS/STATS/VIDEO	8.
9.	1.	CHEER ADVISOR:
10.	2.	1.
11.	3.	
12.	4.	
13.	5.	
14.	SUPERVISORS:	
15.	1.	
16.	2.	
17.	3.	
18.	4.	
19.	5.	
20.		_
21.		
22.		
23.		
24.		

Please Fax to: Bellingham High School BY 11:00AM, Tuesday, FEBRUARY 2nd (360) 647-6806

OR

Email to: Chad.Larsen@bellinghamschools.org

DRIVING DIRECTIONS TO BELLINGHAM H.S.:

Traveling north on I-5...

Take the Iowa Street Exit 254

Turn LEFT onto Iowa

Follow traffic to left at N. State Street for two blocks

Go two blocks and turn RIGHT at Ohio Street

Go five blocks and turn RIGHT into Bellingham High