

2014 SEA-KING DISTRICT II
3A BOYS SWIMMING AND DIVING CHAMPIONSHIPS

February 14th and 15th, 2014

SITES: Swimming: Mary Wayte Pool, 8815 SE 40th, Mercer Island, WA (206) 588-1117
Diving: Juanita High School, 10601 NE 132nd, Kirkland (425) 823-7627

DATE & TIME: February 14th (Friday) Mary Wayte
Doors Open 2:15 pm
Coaches Meeting 2:45 pm
Swimming Warm-up 3:00 pm
Swimming Prelims 4:30 pm

February 15th (Sat) Juanita
Diving Warm-up 8:00 am
Diving Meet 9:30 am

Mary Wayte
Doors Open 3:15 pm
Swimming Warm-up 4:00 pm
Swimming Finals 5:30 pm

PARTICIPATING TEAMS: KINGCO: Bellevue, Interlake, Juanita, Liberty, Mercer Island
METRO: Bainbridge, Bishop Blanchet, Chief Sealth, Cleveland, Eastside Catholic, Franklin, Holy Names, Ingraham, Lakeside, Nathan Hale, Rainier Beach, Seattle Prep, West Seattle.

ENTRIES & REGISTRATION: You **MUST** submit **TWO** things:
1. Team Entries – using TM including a printout from TM, including relays.
a. (For those without TM, contact Jeff directly to discuss entries)
b. **Please include PROOF of TIME when printing your TM report**
2. One diving form for EACH diver, completely filled out & signed

All information MUST be received by Sunday, February 9th at 9:00 am.

- **EMAIL the TM file and a pdf of TM entry report to Jeff Lowell at: jefflowell9969@gmail.com**

Entry Info: Please remember the following items when entering athletes:

1. **Entry Limits:** An athlete may enter a maximum of 2 individual events and 3 relays. However, an athlete may only compete in a maximum of four events: two individual events and two relays or one individual event and three relays. *PRELIMS and FINALS are two sessions of the same meet.*
2. **Team Entry Limits:** Each team may enter a maximum of **four swimmers per individual event**, with qualifying District times, on the Master Entry Form
3. **Relay entry times:** Each team may submit a **single entry time for each relay with up to 8** potential swimmers for that relay.

Master Entries in TM must be completely and accurately (PRINT NEATLY)

1. Swimmers' first & last names and grades must be listed. Enter full name, grade level, and best **verifiable interscholastic performance time from the 2013 season.**
2. ALL relay alternates must be listed in TM – as THESE ARE STATE RELAY ENTRIES AS WELL.
3. Please enter those swimmers & divers who have not met the District Standards but are close who you would like to have considered for entry. They will be added on a space available basis. Coaches will be notified if they are added by Sunday evening (9 pm). **PLEASE ADD POTENTIAL**

WILD CARD TIMES INTO TM. As you enter athletes who are hopefuls, please use the BONUS option.

- If there are lanes available in an event after the qualified swimmers have been seeded, swimmers nominated as 'Wild Card Entries' will be entered, based on time, until all empty lanes in an event are filled. No new heats will be created.
 - Entry times must be the best verifiable time from the current season.
 - A 'Wild Card Entry' counts toward the individual event limit of 2 per swimmer even if a swimmer is not ultimately entered in the event as an Optional Swimmer.
 - THERE WILL BE NO WILD CARD ENTRIES ADDED AT THE MEET. IF THERE ARE SCRATCHES LANES WILL BE LEFT OPEN.
4. Coaches' contact phone numbers and email addresses are needed for wild card notification and information (please list the number at which you are most likely to be reached).

Here is a photo of the BONUS feature in the TM entry screen as a guide:

The screenshot shows the TEAM MANAGER software interface. At the top, it says 'TEAM MANAGER - Database:C:\Users\lowellj\Documents\Swimming\TM5Data\MI Boys.mdb - [Entries by Name]'. Below that are menu options: Find, Time Calc, Athlete Results, View, Print, Help. There's a dropdown for 'For this Meet, Swim for Team:' set to 'MI'. Below that are filters for gender (Male, Female, Both), Team (MI), Group, WM Gr, Low Age, High Age, School Yr, Subgroup, and WM Sub. There are 'Clear All' and 'Enter All' buttons. Below the filters is a table with columns: Last Name, First Name, MI, Gen, Gr, Sub, Yr, Preferred Name, Team, ID, Citizen. The table lists several athletes like Adams, Appleton, Benca, etc. Below the table are options for 'Show Relay Entries' (Current Entries 1, Relay Entries 0) and 'Show Swim-Up Events' (* = time did not make the cutoff). At the bottom is another table with columns: Sess, Div, Event, Gen, Distance, Stroke, Age, Enter, Best Time, Custom Time, Exh, Alt, Bonus, Slower Than [Yds], Faster Than [Yds], Slower Than [LCM], Fa Than. The first row shows Event 2, 200m Free, Open, with a checked 'Enter' box and a checked 'Bonus' box. A red arrow points from a text box to the 'Bonus' checkbox.

Click this button for all wild card hopefuls....

Relay Entries

1. List up to 8 swimmers for each of the three relays.
2. Each relay lineup (prelims or finals) may **only include swimmers originally designated as potential members on the Master Entry Form or in TM.**
3. If a swimmer was designated as a potential relay member on all three relays, it is the coach's responsibility to see that the swimmer does not compete on all three relays if that would put the swimmer over the limit of competing in 4 events.
4. **The same eight swimmers remain on a relay if it should advance to the State Meet.** WIAA rules forbid changes to the 8 potential members of a relay between Districts and State.
5. Any combination of these 8 swimmers may swim in prelims and/or finals at the District Meet and State, subject to the usual athlete event limits.

Diving Forms

1. Use only the WIAA 2013-14 Diving form. It is the final form of this document.
2. List dives using the dive description, as they appear on the back of the dive form.
3. Fill out the form COMPLETELY (including signature) using a pencil.

SEATING & ENTRY:

Except for athletes, meet officials and timers, ALL other students and parents MUST pay. **Athletes will sit on the pool deck and spectators will sit upstairs.** Only coaches, athletes and meet workers will be allowed on the pool deck. All coaches and workers will wear a pass to be on deck.

COACHES:

Please pick up your heat sheets, deck pass and other information from the meet manager upon arrival before the coaches meeting. Please help us to keep the pool deck and spectator areas picked up and clean. Instruct your athletes to not leave ANYTHING in the locker room unattended.

State Meet Qualification: Qualification for the WIAA State Meet is possible by any of three methods:

- 1.) 3A Allocation from District 2 to the State Meet:
 - a. **Individual events:** *Top 5 automatically go to State*
 - b. **Relay events:** *Top 5 automatically go to State*
- 2.) An individual or relay team may also qualify by achieving the State time standard for that event.
- 3.) If space is available in the State Meet it is possible to be allocated a spot (i.e. a wild card entry) based on the time achieved in finals at the District Meet. The process for wild card entries will be forwarded to you as well as included in your District Meet Packet.

A qualifying time, intended to be used for entry into the state meet, must be submitted to the WISCA database within 7 days of achieving the time, on the entry card or electronic printout showing the time, signed by the meet Referee. Make absolutely sure you have submitted your State swimmers' times to WISCA in accordance with the rules on the WIAA website. Rules are reprinted below. State times achieved at Districts will be submitted for you. NOTE: Swimmers or divers who wish to advance to the State Meet must compete in the same event(s) at their district meet.

QUALIFYING STANDARDS:

BOYS EVENT	3A	
	State	District
200 Medley Relay	1:44.70	1 Entry
200 Free	1:50.90	2:06.90
200 I.M.	2:03.20	2:23.20
50 Free	:22.50	:25.50
Diving	300/11.6	225/11 dive meet
100 Fly	:55.10	1:05.10
100 Free	:49.75	:57.75
500/400 M Free	4:58.90	5:38.90
200 Free Relay	1:33.50	1 Entry
100 Back	:57.20	1:07.20
100 Breast	1:03.40	1:13.40
400 Free Relay	3:25.50	1 Entry

JUANITA HIGH SCHOOL

From 1-405, take Exit 20B and proceed west on NW 124th to 116th.

Turn north (right) on 116th N.E. to N.E. 132nd.

Turn west (left) on N.E. 132nd.

Follow N.E. 132nd until you begin to go down the hill.

The high school is on the left and sits on its own road.

10601 NE 132nd, Kirkland Pool Phone: (425) 823-7627

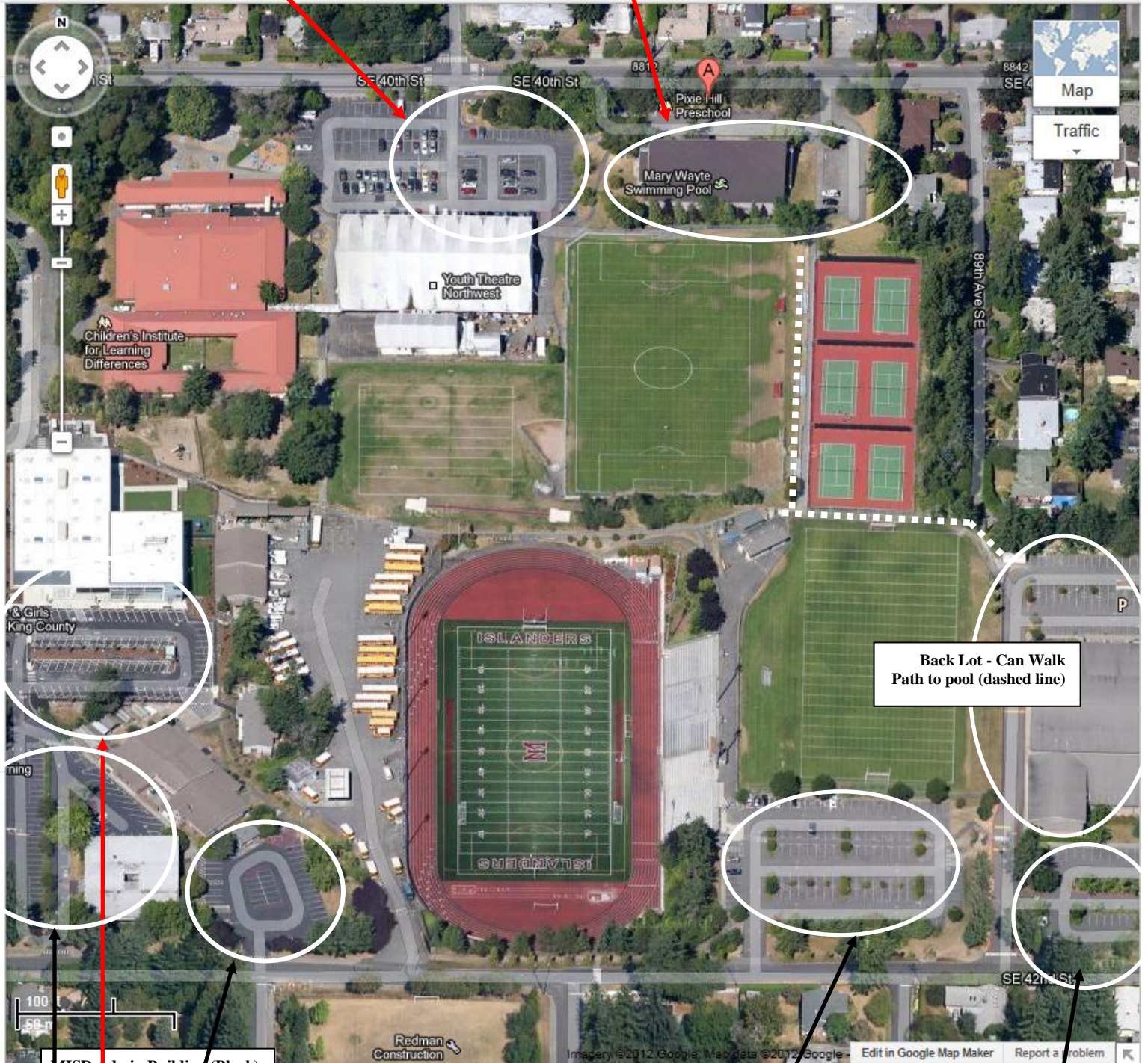
QUESTIONS: Please call Jeff Lowell, Meet Manager, at (425) 495-5318 or email at jefflowell9969@gmail.com.

Check out www.wiaa.com/Dist2 for entry forms, maps, results, etc.

Map of the Mercer Island Campus and Parking – Please do not park on side streets you will be ticketed. Half of the North Mercer Parking is for the Youth Theater.

Parking at North Mercer Gym Left Side of Lot only. Please leave right side free

Mercer Island Pool
8815 SE 40th Street
Mercer Island, WA 98040
206-296-4370



MISD Admin Building (Black)
4160 86th Ave SE
Mercer Island, WA 98040
MI Boys and Girls Club (red)
4120 86th Ave SE
Can walk 86th to 40th then take a right to get to the pool

Mercer Island High School
9100 SE 42nd Street
Mercer Island, Washington 98040

Back Lot - Can Walk Path to pool (dashed line)

Side Lot - can walk 92nd to 40th - take a left to get to the pool

Front Lot - walk to path in back

SCHOLAR ATHLETE FORM

School Name:

The following criteria must be met for a student to receive recognition as a scholar athlete.

- The athlete is a senior.
- The athlete has maintained a 3.75 or greater GPA throughout their academic career.

Please list the names of your scholar athletes below and sign at the bottom.

For inclusion in the meet – this form MUST BE RETURNED NO LATER THAN TUESDAY FEBRUARY 11 BY 4PM.

	Student Name	GPA (Must be a Cumulative 3.75 or above)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

Coach:	Signed:
Administrator:	Signed:

VOLUNTEER SHEET

Each team will be responsible for providing some volunteer help to insure the meet is a success. Please list the names of your volunteers on the sheet provided and return it with your entries.

The main volunteer help will be with timing the meet. The number of timers each team is responsible for is as follows:

FRIDAY Prelims (O’Dea – Backup)

<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Back up</u>
Interlake	Juanita	Bainbridge	Bellevue	Mercer Island	Bishop Blanchet	Lakeside

SATURDAY Finals (O’Dea – Backup)

<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>	<u>Back up</u>
Interlake	Liberty	Bainbridge	Bellevue	Mercer Island	Seattle Prep	Lakeside

<u>School</u>	<u>Friday</u>	<u>Saturday</u>
Bainbridge	2	2
Bellevue	2	2
Bishop Blanchet	2	0
Eastside Catholic	0	0
Interlake	2	2
Juanita	2	0
Lakeside	2	2
Liberty	0	2
Mercer Island	2	2
O’Dea	2	2
Seattle Prep	0	2

Please list timer information below:

	<u>Name:</u>	<u>Shift Working:</u>
1.		
2.		
3.		
4.		
5.		
6.		