



## Discipline Procedures

The following is a document intended to clarify the team's discipline progression.

1) Any violation of the Kent School District's Athletic Code will result in team **consequences above and beyond** those outlined in the Athletic Code.

The consequences are outlined below in the discipline progression.

2) **Any violation of team rules** will result in the invocation of the discipline progression outlined below. Team rules dealt with by the discipline progression include: **be on time to all practices and games unless written excuse is provided by parent or guardian; Unexcused absences from games or practices will result in application of the discipline progression.**

Maintain appropriate language on and off the field while participating in school or soccer activities - avoid vulgar language and inappropriate behavior on and off the field. Red cards for violent behavior or harsh/ language carry a minimum of a two game suspension. Any in school detention assigned for inappropriate behavior or verbal notification by a teacher or administrator of school rule violations as per student handbook; physical fighting of kind; any yellow card offense at coach's discretion. The below progression is active for ALL years in the program. In other words, the progression runs from year to year and DOESN'T start over each year. i.e. if you missed were held out of a game or part of a game last year for Insubordination then your next step would be a **(MINIMUM of a 3 day suspension)**

### Discipline Progression:

Please see attached pages for section breakdowns of progression(s)

Any infraction occurring during probationary periods will result in a player being subjected to the next step of the discipline progression.

Signature \_\_\_\_\_ Date \_\_\_\_\_



## Team Rules

### Kentridge High School Boys Soccer Contract

**Attention:** To participate in the Boys Soccer Program here at Kentridge High School, you must read the following and agree to sign this contract. By signing this contract your signature will represent your understanding of the procedures set by this program and the expectations set by the coaching staff. The purpose of this contract is set a code of accountability for the players. We would like the players to experience and understand the importance of following a system. This type of system is not just for soccer, but to prepare them for life beyond High School.

1. All players within this program will adhere to any and all of the school policies regarding conduct, integrity and discipline in and out of season.
2. **PLAYER COMMUNICATION:** Now that the players have reached high school it is their responsibility to communicate to the coaches regarding any issues pertaining to soccer. Parents should allow their sons to experience how to communicate to their coaches and how to be responsible for themselves. Players need to learn this skill because sooner than later they are going to have to speak for themselves. This behavior will help their growth as a young man. So PARENTS, LET YOUR SONS DUE THE COMMUNICATING.
3. All players are required to have a positive attitude towards their teammates, Coaches, opponents, referees, administration, faculty, fans and their peers throughout the entire season. Each player is to practice the concept "We are a **TEAM FIRST** and an individual second"!! Each player is expected to encourage and motivate each other with a positive approach. If at any time a player does not carry or express themselves in a positive manner at any time the following consequences will apply:

a. First Time;	<b>The person will receive extra training after practice loss of starting position and game time or playing time all together Conference with Coaching Staff Dismissed from the team</b>
b. Second Time;	
c. Third Time;	
d. Fourth Time;	

Address your coaches as "Coach" with their last name, **not** just by their last name.  
Answering a coach, "yes/no" Coach.  
Address the referees as "Sir" or "Mam"

4. **ATTENDANCE:** All players are required to attend all practices, film sessions, team meetings and games during the entire season. There will be **No Exceptions**, unless the reason warrants the absence.

The **Coaching Staff** will decide if the absence is excused. However note even excused absences may incur a playing time modification.

- |                    |   |
|--------------------|---|
| a. First Absence;  | <b>Loss of starting position and game time or playing time all together</b> |
| b. Second Absence; | <b>Suspended from the team</b>  |
| c. Third Absence;  | <b>Dismissed from the team</b>  |

**Note:** If you are sick or injured you must contact the coaching staff immediately. If the staff is not contacted it will be considered unexcused! If you are injured or sick you are still required to be at practice. **“PLEASE UNDERSTAND”, IF YOU DO NOT PRACTICE, YOU DO NOT PLAY!!** Playing time is earned in PRACTICE!!! There are **no assurances**, for ALL LEVELS. Time served in the program **will also not be a factor for making next level.** **PLAYING TIME IS NOT GARUANTEED**

Note: Playing time is determined by the player’s behavior away from soccer, in the classroom, their game performance, attitude, conduct, team dynamic, execution and skill level in practice and games. Personal stats, playing time and position will not be a topic to be discussed. However areas to improve chances will be discussed with players individually when and if the players desires such feedback. This program will be built on the concept of team soccer.

**Vacation Plans (During the Season):** We understand that family time is very important and that vacations are an absolute necessity. However, to advance this soccer program to the highest possible level requires a **serious commitment to time. Our goal of superiority cannot be thwarted with a part-time commitment and attitude especially when serious players are striving to advance to the collegiate level and trying to obtain TEAM GOALS.** Therefore, if a vacation is more important at this time for you and your family, then we suggest that a vacation be your first priority. We will respect that decision, so you will then understand that this program will not wait for you. **The choice is yours; please make that choice prior to tryouts so as to avoid the difficult decisions that will follow i.e playing time and team roles**

5. **Punctuality:** All players are required to be on time for practices, games, and any other soccer related events. All players are to arrive at the school one quarter hour prior to the start of practice. This time will allow players to see the trainer and stretch prior to the start of practice. Arriving at the start of practice is unacceptable and will be considered as being late. Consequences for being late are as follows:

- |                      |   |
|----------------------|---|
| a. First Time Late;  | <b>The team will receive extra training after practice</b>                  |
| b. Second Time Late; | <b>The person late will receive extra work after practice</b>               |
| c. Third Time Late;  | <b>loss of starting position and game time or playing time all together</b> |
| d. Fourth Time Late; | <b>Suspended from the team (a minimum of one week)</b>                      |
| e. Fifth Time Late;  | <b>Dismissed from the team</b>  |

## 6. **INSUBORDINATION**

There will not be any insubordination tolerated towards the coaching staff, teammates, faculty members, referees, opponents and managers at any time.(This includes social media) Consequences for being insubordinate are as follows:

- |                 |   |
|-----------------|---|
| a. First Time;  | <b>loss of starting position and game time or playing time all together</b>                   |
| b. Second Time; | <b>Suspended from the team (length to be determined by staff but will be at least 3 days)</b> |
| c. Third Time;  | <b>Dismissed from the team</b>  |

**IF THE INFRACTION IS SERIOUS THE STUDENT ATHLETE WILL BE DISMISSED FROM THE TEAM IMMEDIATELY.**

## **7. INAPPROPRIATE LANGUAGE**

There will not be any inappropriate language used at any time while involved in any area within the Boys Soccer Program. Red cards for violent behavior or harsh/ language carry a **minimum of a two game suspension. THERE WILL BE NO EXCEPTIONS!!**

## **8. DRESS CODE**

Regarding the dress code; All players are required to wear the travel gear to all home and away games. All players will be required to wear the travel gear after the game when leaving the playing field and locker room. **NO EXCEPTIONS!!** All players should have athletic sandals or running shoes to wear to and from games, unless the weather is bad. The coaching staff will communicate to the players of any changes. We are not to wear our boots to and from games. All players will use the issued team bag to carry their equipment to and from games. All players will wear the uniform that was issued at the start of the season. If the player does not conform to this they will not be allowed to participate. This is to continue uniformity throughout the program. **NO EXCEPTIONS!!**

There is absolutely no jewelry allowed to be worn at any time during a soccer event.

**\*\*If you forget any part of the uniform or issued equipment for games or practice, you will not play. The player is responsible to have all the equipment that was issued to him for the games. If there is a problem with any of your equipment, you must notify a coach immediately.**

UNDERSTAND IF YOU LOSE OR DAMAGE ANY EQUIPMENT THAT WAS ISSUED TO YOU FROM KENTRIDGE HIGH SCHOOL BY YOUR COACH FOR THE SEASON, YOU ARE RESPONSIBLE TO PAY THE EXPENSES TO HAVE THE ITEM FIXED OR REPLACED.

## **9. DRESS CODE for TRAINING**

The required dress code for training during the season is the practice gear assigned to the players. Along with the practice gear every player must wear during training the shin guards that are required by the NFHS. There will be **NO EXCEPTIONS!!**

If a student athlete attends a training session not dressed properly from the list above, the student athlete will not be allowed to participate in training. There is absolutely **no jewelry allowed to be worn at any time during training or games.**

## **10. YELLOW / YELLOW RED / RED CARDS**

If a player receives a yellow card during a game, the player may be asked to leave the playing field by the Coach or Referee. Once the player leaves the field it will be DETERMINED by the Head Coach when the player will be allowed to return to the game. If the behavior was unsportsmanlike at any time or malicious towards an opponent or referee that player will sit for the remainder of the game. If a player receives a 2<sup>nd</sup> yellow card that player will sit the remainder of that game and will lose a starting position and game time or playing time all together.

A player who receives a 3<sup>rd</sup> yellow card will be suspended for 1 game. A player who receives a 4<sup>th</sup> yellow card will be suspended from the team. A player who receives a 5<sup>th</sup> yellow card will be dismissed from the Team.

### **Disqualification/Ejection of an Athlete**

For disqualifications/ejections an Athlete will serve the suspension issued by the State of Washington. For a flagrant misconduct disqualification/ejection **an additional suspension may be added by the WIAA and Kentridge High School Coaching staff**

The Coaching staff and the Kentridge High School Athletic Department in conjunction will review all disqualifications/ejections to make a determination of additional game suspensions or termination from the program.

OUR GOAL IS TO OBTAIN THE SPORTSMANSHIP AWARD THIS SEASON AND TO PLAY WITH CLASS AND RESPECT FOR THE GAME OF SOCCER!!

11. **Discipline During School:** If a player receives a detention, notification of handbook violation or suspension during school the following consequences will apply:

**Detentions:**

- a. First Time; **loss of starting position & game time or playing time all together**
- b. Second Time; **loss of starting position and game time or playing time all together**
- c. Third Time; **Suspended from the team**
- d. Fourth Time; **Dismissed from the team**

**Suspensions:**

- a. First Time; **loss of starting position and game time or playing time all together**
- c. Second Time; **Suspended from the team**
- d. Third Time; **Dismissed from the team**

12. All players will travel on the bus to and from games when provided. **"NO EXCEPTIONS"!!!** While traveling on the bus you are permitted to listen to an ipod or any other device that plays music. But you will have headsets and the volume will be set so ONLY you can hear the music. All headsets and portable devices will be put away before you get off the bus.

You will not be walking into any facility or leaving any facility with a headset on your head.

13. The team locker room is not a hangout for you and your friends. **NO ONE** outside of the Boys Soccer Program is permitted in the team locker room.

**Note: Your friends are to respect this team rule and you are responsible for their actions.**

14. Study hall, practices, team meetings, team functions, and film sessions are closed to parents, family and friends. **"NO EXCEPTIONS"!!**

15. **All cell phones will be turned off before the start of any event or activity that pertains to the Boys Soccer Program.** You are not permitted to use (text included) or answer your cell phone during any activity that pertains to the Boys Soccer Program.

- a. First Time; **loss of starting position and game time or playing time all together**
- b. Second Time; **loss of starting position and game time or playing time all together and extra training at the next practice**
- c. Third Time; **Suspended from the team**
- d. Fourth Time; **Dismissed from the team**

16. No player that is on the Varsity Team is permitted to participate in any club, travel, academy or any other soccer programs or other extra-curricular activities inside or outside of Kentridge High School during the Spring Season **without permission from the Head Coach directly.** It is STRONGLY RECOMMENDED that players involved in the JV and Freshman Programs adhere to this rule as well. During the high School season it is very important for student athletes who compete for the varsity program and all other levels to get rest and allow their bodies to recover and remain healthy during the entire season.

If an athlete was to train or participate inside or outside of high school soccer he will be putting his body at risk of injury because of an improper amount of recovery time for his body. Also we need not to lose an athlete to an injury or an injury worsened due to the participation of these activities or training sessions during the season. There will be NO Exceptions unless it is specifically discussed with the Head coach prior to an event or training session. If the student athlete does not follow this request he will be suspended for a period of time determined by the Head Coach. If these actions are to continue the student athlete will be dismissed from the program immediately.

Out of season training it is strongly recommended and supported by the coaching staff.

**17. Building Responsibilities:** All student athletes are required NOT to wear their cleats at anytime while in the building. Cleats are to be taken off before you enter the building and never to be put on until you get out onto the practice or game field.

18. If a parent needs to speak with a coach regarding issues that pertain to soccer, academics, or conduct you **MUST** follow the procedure listed below:

1. Call the Coach school phone (       ) and set up an appointment to meet with the coach of the team your child plays for.  
**Freshman Coach –** Chris Howard  
**JV Coach –** Mike Papritz  
**Varsity –** Glenn Walrond
2. **YOU are asked NOT** to approach a coach after a game to discuss any of these issues.
3. **YOU are asked NOT** to call a coach at home to discuss any of these issues.
4. **YOU are asked NOT** to approach a coach before or after practice.

**Any situation or problems you may have can be better handled if an appointment is made and we can sit down and discuss your concerns.**

Note: Playing time is determined by the player's behavior away from soccer, in the classroom, their game performance, attitude, conduct, team dynamic, execution and skill level in practice and games. Personal stats, playing time and position will not be a topic to be discussed. This program will be built on the concept of team soccer.

### **PARENT, PLAYER and COACH COMMUNICATION DURING the SEASON**

Both parenting and coaching are challenging endeavors. By establishing an understanding of each other, we are able to accept the actions of each party and provide greater benefit to the young men involved in Kentridge Soccer. As a parent of a child involved in our athletic program, you have the right to understand what the expectations and communication processes are for you and your son.

### **COMMUNICATIONS PARENTS SHOULD EXPECT from the COACH:**

- \* Staff expectations for individual players and the team
- \* Location and times of practices and games
- \* Opportunities for Strength/conditioning for the summer session
- \* Team rules and guidelines
- \* Procedures to be followed if a player is injured during participation

**APPROPRIATE CONCERNS for DISCUSSION the KENTRIDGE SOCCER STAFF should EXPECT from PLAYERS:**

- \* All concerns pertaining to soccer and academics should be expressed directly to the Head Coach
- \* Notification of any schedule conflicts in advance
- \* Notification of illness or injury as soon as possible

**APPROPRIATE CONCERNS for DISCUSSION the KENTRIDGE SOCCER STAFF should EXPECT from PARENTS:**

- \* Methods to help your son improve his skills
- \* Concerns about a student's behavior/ or academic status

**ISSUES NOT APPROPRIATE for DISCUSSION with the KENTRIDGE SOCCER STAFF:**

While the Head Coach and staff are committed to open communication between staff and parents, there is a certain protocol that we ask be observed. In particular, the time before and after a training session is dedicated to our players. It is not appropriate for a parent to approach a coach to discuss concerns regarding their son at this time. It is not appropriate to call a coach at home or on their cell phone to discuss concerns regarding their son.

The Head Coach will be happy to set up a meeting to address parent concerns at a time that will not interfere with the attention required by our athletes. An exception to this request is an incident when a player is injured -- the Head Coach and trainer will be available immediately after a game to discuss the situation and any concerns with parents.

It is important for parents to understand that we, as coaches, have been hired to make decisions based on what we believe to be best for the team as a whole and for all players involved with the soccer program. This understood, we will be available to discuss parental concerns with the following exceptions, which we consider either inappropriate or counter-productive to team leadership:

- \* Personal Stats, Playing Time and Position
  - \* Tactical Training and Team Strategies
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- \* Concerns about what level they will be playing/performance of other players

There are certain situations that may require a conference between a player, coach and/or parent. It is important that all parties involved have a clear understanding of the others position, and what procedure should be followed. When a player or parent has a question or concern regarding the soccer program and needs to contact a member of the coaching staff or administration, the communication process outlined below has been adopted by the soccer program.

### **COMMUNICATION PROCESS:**

**Step 1.** The concerned player should communicate with the Head Coach to schedule time to discuss his questions or concerns. If the player does not feel comfortable and satisfied with the outcome of the meeting, he should move forward to Step 2.

**Step 2.** A meeting involving the player, Head Coach, staff, and parent(s)/guardian(s) should be requested by calling the assigned coach ( ) and set up an appointment to meet. . If this meeting does not resolve the situation, the player and his parents should move forward with an understanding that this topic may need to be tabled.

All discussions should focus on individual concerns and questions. The performance and ability of other players will not be a topic of discussion.



Quick reference chart. Please note these rules run across categories. If you break a rule in one area then that punishment is one strike. If you break a rule in a second area that is two strikes.... Three strike and you are out regardless of the progression in any area.

Area	Infraction 1	Infraction 2	Infraction 3	Infraction 4 **** certain areas have a step 4
<b><u>PLAYER COMMUNICATION (respectful)</u></b>	The person will receive extra training after practice	Loss of starting position and game time or playing time all together	Conference with Coaching Staff	Possible dismissal from the team
<b><u>ATTENDANCE:</u></b> (Absences) excused or un excused For column 1	Loss of starting position and game time or playing time all together	Loss of starting position and game time or playing time all together	Suspended from the team (length TBD)	Dismissed from the team
<b><u>Punctuality:</u></b> <b><u>(games or trainings)</u></b>	The <b>team</b> will receive extra training after practice	The person late will receive extra work after practice	loss of starting position and game time <b>or playing time all together</b>	Suspended from the team ( <b>a minimum</b> of one week)
<b><u>INSUBORDINATION</u></b>	Loss of starting position and game time or playing time all together	Suspended from the team ( <b>length to be determined by staff but will be at least 3 days</b> )	Dismissed from the team	
<b><u>INAPPROPRIATE LANGUAGE</u></b> <b>(please note this is above and beyond WIAA and KSD sanctions)</b>	Loss of starting position and game time or playing time all together Red card violation for language carry a minimum of a 2 game suspension. <b>The remainder of the offending game plus 2 additional games</b>	Suspended from the team ( <b>length to be determined by staff but will be at least 7 days</b> ) The player may train only.	Dismissed from the team	
<b><u>Discipline During School</u></b>				