



## **KINGSTON HS BOYS BASKETBALL GUIDELINES FOR SQUAD SELECTION**

### **TRYOUT DATES:**

**FIRST CUT: MONDAY, NOV 18— 3:00-5:00**

**SECOND CUT: TUESDAY, NOV 19— 3:00-5:00**

**THIRD CUT (IF NEEDED): WEDNESDAY, NOV 20— 3:00-5:00**

**CUTS/ROSTERS WILL BE POSTED ON THE OLYMPIC LEAGUE 'KINGSTON BOYS BASKETBALL' PAGE**

Trying out can be difficult to do. You are taking the risk that A) you will get cut or B) you will not make the team you want to make. By taking the risk, you have—in my mind—already won. It shows a lot of character and determination. As a player, you have honored the KHS Basketball Program, yourself, and the game of basketball by turning out. All you can do is your best. Basketball is a great sport—one you can take with you beyond high school. Regardless of what team you are on, us coaches will do our best to make it a fun, worthwhile experience.

## **GENERAL PROCEDURES**

- Squad size and cuts will depend on how many players turn out and how much talent there is in the program.
- There will be a 1-3 day tryout period. Cuts will be made potentially after each day. A third day may not be necessary.

## **EVALUATION CRITERIA**

### **>Athleticism**

A player's size for their position, speed, jumping ability, strength, hand-eye coordination, and physical condition will all be taken into account.

### **>Basketball skill level**

A player's ball handling, passing and receiving, shooting, rebounding, DEFENSE, court awareness, and the ability to run an offensive and defensive system will all be taken into account.

### **>Intangible qualities**

A player's experience, team first attitude, poise, ability to play a role, work ethic, and coach-ability will be taken into account.