**Storm Hoops Monday Missive**

Welcome to the first Storm Monday Missive. The concept of a Monday Missive is credited to my friend and hall of fame Lynden Christian Lyncs longtime baseball coach, John Rozeboom. When I assisted John, he always published a paper copy of miscellaneous information on the upcoming week, coupled with reflections, often, of the week past. The Storm Monday Missive will try to do the same.

***Open Gyms:*** Open gyms will take place, typically, on Mondays and Wednesday evenings from 7 pm – 9pm. Plan on them beginning next week but listen for announcements to confirm this. An official schedule has not yet been produced. If I get one from Coach Dickson, I will post it on the NWCathletics Storm Basketball page. ***Training tips: Get to open gyms early and work on specific skills with specific goals until there are enough girls to get a game up and down the floor. Play full court, play hard, be competitive, and run the floor every trip as hard as you are able to begin building some full court conditioning. Ideally, at 8:15 or so, it would be good to work out on your game, shooting drills, dribbling drills, full court ball handling and conditioning, etc. Make the open gym fun, competitive, and worth your time being there and push the other girls to do the same.***

***Hoopstar Trainings:*** The following girls have notified me that they are interested in Hoopstar Trainings with Kyle Coston: Alarcon, Martin, Blackwell, Wolters, Hackney, Larkin, Roberts (Sophia), Roberts (Maddie), Andert, Loeuy, Censale. **Each of you should text Kyle immediately to get directions to his facility in Ferndale, let him know if you desire the 7pm or the 8pm training (volleyball), give him your contact information, and arrange for payment to him.** Plan on the first training being this coming Monday and Wednesday. I am meeting with Kyle this coming Saturday morning.

***2016-2017 Theme:*** Last year our theme was “One Way…The Storm Way” with an emphasis on a spirit of unity and family. This year we will build on that concept of family by focusing on what it takes to become and what it takes to be a ***CHAMPIONSHIP CULTURE: THINK, ACT, AND TRAIN LIKE A CHAMPION.*** In the upcoming Monday Missives I will include a concept or thought on this theme just to begin getting our thoughts heading in the direction of a championship culture. Stay tuned…

***NWCATHLETICS website:*** We want all of you to get into the habit of checking our NWC athletics website for information. I will be using the website to post the missives and other notes. Please get used to taking the initiative of checking the site.

In Hoops,

Coach Wolffis