



Academic and Athletic Excellence

High School Varsity Wrestling
 Head Coach: Jarred Staup
 Assistants: Brandon Clarke, JD Day, Emily Posey

Date	Location	Time
12/3 (Sat)	at Mark Morris	10am
12/6 (Tues)	at Kalama	6pm
12/10 (Sat)	at La Center	10am
12/14 (Wed)	at Ridgefield	6pm
12/17 (Sat)	at Eatonville	10am
12/29 (Thurs)	at Washougal	10am
1/7 (Sat)	at Castle Rock	10am
1/9 (Mon)	at Wahkiakum	5:30pm
1/12 (Thurs)	at Stevenson	6pm
1/14 (Sat)	at Rainier, WA	10am
1/17 (Tues)	at Napavine	5:30pm
1/19 (Thurs)	at Castle Rock	6pm
1/21 (Sat)	at Kalama	10am
1/24 (Tues)	at South Bend	5:30pm
1/26 (Thurs)	at Kalama	6pm

High School Junior Varsity Wrestling
 Coaches: Jarred Staup, Brandon Clarke, JD Day

Date	Location	Time
12/3 (Sat)	at Columbia River	10am
12/6 (Tues)	at Kalama	6pm
12/14 (Wed)	at Ridgefield	6pm
1/7 (Sat)	at Kelso	10am
1/9 (Mon)	at Wahkiakum	5:30pm
1/12 (Thurs)	at Stevenson	6pm
1/17 (Tues)	at Napavine	5:30pm
1/19 (Thurs)	at Castle Rock	6pm
1/24 (Tues)	at South Bend	5:30pm
1/26 (Thurs)	at Kalama	6pm
1/28 (Sat)	at Prairie	10am

MS Knowledge Bowl
 Advisor: Melissa Wilson

2-23 (Thurs)	at Hockinson	3:30pm
3-2 (Thurs)	at Kalama	3:30pm
3-9 (Thurs)	at View Ridge	3:30pm
3-16 (Thurs)	at Kalama	3:30pm

Athletic Director: Brynan Shipley
 Athletic Secretary: Teresa Harris
 360-673-5212

High School Girls Basketball
 Head Coach: Brynan Shipley
 Assistant: Taylor Beck

Date	Location	JV/Varsity
11/29 (Tues)	at La Center	5:45/7
12/7 (Wed)	vs. Toutle Lake (JV 2 Q's)	6/7pm
12/9 (Fri)	vs. Winlock	7-V Only
12/12 (Mon)	vs. Woodland	5:45/7
12/16 (Fri)	at Wahkiakum	7-V Only
12/20 (Tues)	at Toledo	5:45/7
12/21 (Wed)	vs. Mossyrock	5:45/7
1/4 (Wed)	vs. Rainier	5:45/7
1/6 (Fri)	at Napavine	7-V Only
1/10 (Tues)	at Adna	5:45/7
1/14 (Sat)	vs. Pe Ell	3/4:30
1/16 (Mon)	vs. Mark Morris <small>JV @MM-V @LCC</small>	3:30/5:30
1/17 (Tues)	vs. MWP	5:45/7
1/19 (Thurs)	at Onalaska	5:45/7
1/24 (Tues)	at Toutle Lake	5:45/7
1/25 (Wed)	vs. Ilwaco	7/5:45
1/26 (Thurs)	at Winlock	5:45/7
1/28 (Sat)	at Mossyrock	5:45/7
1/31 (Tues)	vs. Wahkiakum	5:45/7
2/2 (Thurs)	vs. Toledo	5:45/7

High School Girls Wrestling
 Coaches: Jarred Staup/Emily Posey

Date	Location	Time
12/3 (Sat)	at Yelm	10am
12/6 (Tues)	at Kalama	6pm
12/10 (Sat)	at Centralia	10am
12/14 (Wed)	at Ridgefield	6pm
12/17 (Sat)	at Lynden	10am
1/6, 1/7 (Fri/Sat)	at Kelso	10am
1/9 (Mon)	at Wahkiakum	5:30pm
1/14 (Sat)	at Napavine	10am
1/16 (Mon)	at Castle Rock	9:30am
1/17 (Tues)	at Napavine	5:30pm
1/19 (Thurs)	at Castle Rock	6pm
1/20 (Fri)	at RA Long	10am
1/24 (Tues)	at South Bend	5:30pm
1/26 (Thurs)	at Kalama	6pm
1/28 (Sat)	at Prairie	10am

High School Boys Basketball
 Head Coach: Jody Stemkoski
 Assistant: Logan Nelson

Date	Location	JV/Varsity
12/2 (Fri)	vs. Woodland	5:45/7
12/6 (Tues)	at Toutle Lake	5:45/7
12/9 (Fri)	vs. Winlock	4:30/5:45
12/10 (Sat)	at Castle Rock	5:45/7
12/13 (Tues)	vs. Mossyrock	5:45/7
12/15 (Fri)	at Wahkiakum	5:45-V Only
12/19 (Mon)	vs. Toledo	5:45/7
12/29 (Thurs)	Cashmere-Yakima	12pm
12/30 (Fri)	Brewster-Yakima	10:30am
1/3 (Tues)	at Rainier	5:45/7
1/5 (Thurs)	vs. Napavine	5:45/7
1/13 (Fri)	at Pe Ell	5:45/7
1/14 (Sat)	vs. Adna	5:45/7
1/18 (Wed)	at MWP @ Morton	5:45/7
1/20 (Fri)	vs. Onalaska	5:45/7
1/25 (Wed)	vs. Toutle Lake	5:45/7
1/27 (Fri)	at Winlock	5:45/7
1/28 (Sat)	at Mossyrock	5:45/7
2/1 (Wed)	vs. Wahkiakum	5:45/7
2/3 (Fri)	at Toledo	5:45/7

Middle School Boys Basketball
 Head Coach: Doug Maynard

Date	Location	C, B, A
1-9 (Mon)	at Napavine	4/5/6:15
1-17 (Tues)	at Toutle Lake	4/5/6:15
1-18 (Wed)	vs. Wahkiakum	5/6:15
1-23 (Mon)	vs. Winlock	4/5/6:15
1-24 (Tues)	at Toledo (2 Q's of C)	4/5/6:15
1-26 (Thurs)	vs. Napavine	4/5/6:15
1-31 (Tues)	vs. Toledo (2 Q's of C)	4/5/6:15
2-1 (Wed)	vs. Toutle Lake	4/5/6:15
2-6 (Mon)	at Wahkiakum	5/6:15
2-8 (Wed)	at Winlock	5/6:15

HS Knowledge Bowl
 Advisor: Sharon Irwin

11-2 (Wed)	at Castle Rock	4pm
12-7 (Wed)	at Woodland	4pm
1-18 (Wed)	at Kalama	4pm
2-1 (Wed)	at La Center	4pm
2-27 (Mon)	at Mark Morris/LCC	4pm

Website: www.kalamaschools.org
 Athletics: www.2bcentral.com
 Post season: waa.com
 Twitter: @nooknation