

Peninsula High School

May / June 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>20< Parents: Pre-Sell Seahawk Cards <u>FamilyID.com & Seahawk Camp Registration & Payment Due on-line by May 17th</u></p>	<p>May 21 Vars. Lift 2:15-4 <u>Equipment Issue, & Seahawk Card & Challenge - Mandatory-</u> Varsity (4-6) In-coming Freshmen (6-730) (Meet in 300s Hall)</p>	<p>May 22</p>	<p>May 23 <u>MS Track Meet @ PHS 3PM</u> Varsity Lift 2:15-4</p>	<p>May 24 Impact Testing PHS (returning player updates) 2-3 (all incoming freshmen 3:30-5:00) <u>required</u> Freshmen Lift 5-6</p>	<p>May 25 Varsity Lift 2:15-4</p>	<p>May 26 Parents: Sell Seahawk Cards & Fill out Seahawk Challenge letters</p>
<p>May 27 Sell Seahawk Cards & Fill out Seahawk Challenge letters for collection on May 30th</p>	<p>May 28 Memorial Day - No School</p>	<p>May 29 Spring Tryouts (2-6) Freshmen (3:30-6)helmet Seahawk Challenge & Seahawk Card \$ Collected (mandatory)</p>	<p>May 30 Spring Tryouts (2-6) Freshmen (3:30-6) - Practice (helmet only)</p>	<p>May 31 Spring Tryouts (2-6) Freshmen (3:30-6) - Practice (helmet only)</p>	<p>June 1 Varsity Lift 2:15-4</p>	<p>2 SAT Day Seahawk Crab Feed—Team Camp Fundraiser (3-5 PM)</p>
3	<p>4</p> <p>Spring Tryouts (2-6) Freshmen (3:30-6) - Practice (helmet only) Linfield Camp bal. due</p>	<p>5</p> <p>Varsity Lift 6:35AM Spring Tryouts (2-6) Freshmen (3:30-6) - Practice (Helmet only)</p>	<p>6</p> <p>Spring Tryouts (2-6) Freshmen (3:30-6) - Practice (Full Pads)</p>	<p>7</p> <p>Spring Tryouts (2-6) Freshmen (3:30-6) - Practice (Full Pads)</p>	<p>8</p> <p>Varsity Lift 2:15-4</p>	<p>9 ACT Day</p>
10	<p>11</p> <p>Spring Tryouts (2-6) Freshmen (3:30-6) - Practice (Full Pads)</p>	<p>12</p> <p>Varsity Lift 6:35AM Spring Tryouts (2-6) Freshmen (3:30-6) - Practice (Full Pads)</p>	<p>13</p> <p>Spring Tryouts (2-6) Freshmen (3:30-6) - Practice (Helmet only)</p>	<p>14</p> <p>Freshmen, JV & Varsity @ Summer HS (pack a snack) (Vs Sum, GK, Beamer) (3 Buses roll from PHS @ 3:00 with Scrimmages 4:30-6:30)</p>	<p>15 Finals Varsity Film & Lift 2:15-5:00</p>	<p>16</p> <p>11 on 11 Passing Tournament (Var) 8:30AM Meeting 9:00 2 Buses to PLU 10:00 Warm up 11 - 4 Scrimmages 2 Buses back</p>
<p>17</p> <p>Senior Retreat: >>>> Activities and Camp on the Columbia River on 18th (Sen. Ret. Parent Captain will have details on options for 19th)</p>	<p>18 Finals Seniors only bus departs PHS at 2:30</p>	<p>19 Last 1/2 Day School Linfield Team Camp Bus leaves at 9:30AM Lunch on bus 1:00 Check in to dorm 2-4:30 Practice (Helmet only) Dinner 7 on 7 & OL work</p>	<p>20 Linfield Camp Breakfast 9-11 Full Scrimmages Lunch 1:00 Pool 2:30 Film 5:00 Dinner 6-8 Practice on own 9-10 Talent Show & Pizza</p>	<p>21 Linfield Camp Breakfast 9:00 Practice on own Lunch 1:00 Film 3:00 Practice Dinner 7:45 Scrimmages</p>	<p>22 Linfield Camp Breakfast 9:00 Scrimmages Shower, Lunch, Clean, Pack 1:00 Departure (2 Buses) 5:00 Arrive at PHS</p>	<p>23</p>

Seahawk Football

Peninsula High School

July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>June 24</i>	<i>June 25 Full Team Workout @ PHS (8-11AM) & Check in with Webb</i>	<i>June 26</i>	<i>June 27 Full Team Workout @ PHS (8-11AM)</i>	<i>June 28</i>	<i>June 29 Full Team Workout @ PHS (8-11AM)</i>	<i>June 30</i>
<i>July 1</i>	<i>2 Full Team Workout @ PHS (8-11AM)</i>	<i>3</i>	<i>4 Independence Day! Full Team Workout @ PHS (8-11AM)</i>	<i>5</i>	<i>6 Full Team Workout @ PHS (8-11AM)</i>	<i>7</i>
<i>8</i>	<i>9 Full Team Workout @ PHS (8-11AM)</i>	<i>10</i>	<i>11 Full Team Workout @ PHS (8-11AM)</i>	<i>12</i>	<i>13 Full Team Workout @ PHS (8-11AM)</i>	<i>14</i>
<i>15 Purdy Grit Camp 2-4:30 Practice Helmet only 5:00 BBQ 6:00 Bus to UPS 7 on 7 Or OL Camp at PHS (6-8)</i>	<i>16 Purdy Grit Camp 8 AM Buses UPS Camp Full Scrimmag- es 9-11:30 Bus Back</i>	<i>17</i>	<i>18 Full Team Workout @ PHS (8-11AM)</i>	<i>19</i>	<i>20 Full Team Workout @ PHS (8-11AM)</i>	<i>21</i>
<i>22</i>	<i>23 Full Team Workout @ PHS (8-11AM)</i>	<i>24 Passing League @ Harry Lang Stadium (5-8:30) OL Camp (5-8) PHS</i>	<i>25 Full Team Workout @ PHS (8-11AM)</i>	<i>26 Passing League @ Harry Lang Stadium (5-8:30) OL Camp (5-8) PHS</i>	<i>27 Full Team Workout @ PHS (8-11AM)</i>	<i>28</i>

Seahawk Football

Peninsula High School

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
July 29	July 30 Full Team Workout @ PHS (8-11AM)	July 31	1 Full Team Workout @ PHS (8-11AM)	2	3 Full Team Workout @ PHS (8-11AM)	4 ALL PRACTICES are <u>mandatory</u> from August 15th on...
5 Family	6 Team	7 Fun	8 Week	9 Stay	10 Active	11 Galloping Gertie Fun Run vs Gig Harbor ???
12 * <u>Players must be PSD cleared by the 15th or will be ineligible for 1st game as per WIAA</u>	13 Offices open 9-2 Seahawk Testing *For records and program 6-8:30 PM	14 Offices open 9-2 Seahawk Testing *For records and program 6-8:30 PM	15 Offices open 9-2 *Team meeting @ 3:00 in Auditorium Practice 4-8:30 PM (helmets only)	16 ASA CAMP 8 AM-5 PM (helmets only)	17 ASA CAMP 8 AM-5 PM (helmets only) Lift	18 ASA CAMP 8 AM-5 PM (full pads)
19	20 Varsity Lift 2:00 Snack Practice 3-7:30 PM (4-7 on field)	21 Practice 3-7:30 PM (4-7 on field)	22 Varsity Lift 2:00 Snack Practice 3-7:30 PM (4-7 on field)	23 Practice 3-7:30 PM (4-7 on field)	24 Jamboree @ North Kitsap (7PM) Var, JV & C Players @ 4:15	25 Team Pictures 7:30 AM (wear home game jer) Full Team Workout & Film Review 9-11 AM
26	27 ASA CAMP 8 AM-5 PM (full pads) Lift	28 Practice (2-6)	29 1st Day of School Practice (2-6)	30 Varsity Practice (2-5) Varsity Dinner 5:30 C-Team vs _____ (6)	31C-Team Film, Din- ner & Bus to Varsity Game (2-10:30) Varsity @ O'Dea (7 PM) West Seattle Stadium	

Seahawk Football

September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 8AM Coaches only Meeting (O&D)	3 Labor Day C Team—no practice JV & Varsity Practice (5-8)	4 Practices (2-6)	5 Practice (2-6)	6 Practices (2-6)	7 C Team Lift/Game prep (2-5) Varsity vs Skyline (7 PM) Future Seahawk Night	8
9 8AM Coaches only Meeting (O&D)	10 JV @ Skyline ?? C Team vs ?? 5:00 Varsity practice (2-6)	11 Practices (2-6)	12 Practices (2-6)	13 Varsity @ North Thurston (7 PM)	14 Practices (2-5)	15
16 8AM Coaches only Meeting (O&D)	17 JV vs NT 5:00 C Team @ NT 4:00 (SS Stadium) Varsity practice (2-6)	18 Practices (2-6)	19 Practices (2-6)	20 Practices (2-6)	21 C Team Lift/Game Prep (2-5) Varsity @ Shelton (7 PM)	22
23 8AM Coaches only Meeting (O&D)	24 JV vs Shelton 5:00 C Team @ Shelton (4:00) Varsity practice (2-6)	25 Practices (2-6)	26 Practices (2-6)	27 Varsity vs Timberline (7PM) Coach to Cure Night	28 Practices (2-5)	29

Peninsula High School

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sept 30 8AM Coaches only Meeting (O&D)	1 JV @ Timberline (4) C Team vs Timb (5) Varsity practice (2-6)	2 Practices (2-6)	3 Practices (2-6)	4 Practices (2-6)	5 C Team Game Prep (2-5) Varsity vs CK (Homecoming & Pink Out)	6
7 8AM Coaches only Meeting (O&D)	8 JV @ CK (5:30 Silverdale Stad.) C Team vs CK 5:00 Varsity practice (2-6)	9 Practices (2-6)	10 Practices (2-6)	11 Practices (2-6)	12 C Team Game Prep (2-5) Varsity @ Yelm (7 PM)	13
14 8AM Coaches only Meeting (O&D)	15 JV vs Yelm 5:00 C Team @ Yelm (4) Varsity practice (2-6)	16 Practices (2-6)	17 Practices (2-6)	18 Practices (2-6)	19 C Team Game Prep (2-5) Varsity Fishbowl (7 PM)	20
21 8AM Coaches only Meeting (O&D)	22 JV @ gh (4:00) C vs gh 5:00 Varsity practice (2-6)	23 Practices (2-6)	24 Practices (2-6)	25 Practices (2-6)	26 C Team Game Prep (2-5) Varsity vs Capital (Senior Night)	27
28 8AM Coaches only Meeting (O&D)	29 JV @ Capital (4:00 Ingersol Stad) C vs Capital 5:00 Varsity practice (2-6)	30 Freshmen - Film, Voting and Pizza (last practice) VarsityPractices (2-6)	31 VarsityPractices (2-6)			

Seahawk Football

Peninsula High School

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>Follows typical weekly varsity practice schedule. >>></i>			1	2 <i>Regional Playoffs (TBD)</i>	3 <i>Regional Playoffs (TBD)</i>
4 <i>8AM Coaches only Meeting (O&D)</i>	5	6	7	8	9 Veterans Day <i>No School</i> 1st Round State (TBD)	10 <i>1st Round State (TBD)</i>
11 <i>8AM Coaches only Meeting (O&D)</i>	12	13	14	15	16 <i>Quarter Finals (TBD)</i>	17 <i>Quarter Finals (TBD)</i>
18 <i>8AM Coaches only Meeting (O&D)</i>	19	20	21 No School <i>Plan on practice! (no joke)</i>	22 No School <i>Thanksgiving!</i> <i>Plan on AM practice! (no joke)</i>	23 No School <i>Semi-Finals (TBD)</i>	24 <i>Semi-Finals (TBD)</i>
25 <i>8AM Coaches only Meeting (O&D)</i>	26	27	28	29	30 3A <i>State Championship (7:30)</i>	

Seahawk Football