



Goals of the Girls Golf Program:

- 1. To develop both golfing skills and character of our student-athletes, so that each will learn to be successful on and off the course.
- 2. To develop the work ethic of each student-athlete based on accountability, reliability, and responsibility.
- 3. To grow the game of golf and support student-athletes as the learn to positively represent Mt. Si High School.
- 4. To motivate all student-athletes to improve in their academic, physical, and interpersonal lives.

Coaching Requirements:

- 1. To maintain the physical well being of each student-athlete.
- 2. To follow school, league, and WIAA policies at all times.
- 3. To maintain the quality of the equipment and facilities of the school district as well as our partnering course, Mount Si Golf Course.
- 4. To promote good sportsmanship, positive attitudes, hard work, and fun.
- 5. To create practice plans that effectively enhance and improve our skills.
- 6. To demonstrate care for all student-athletes on and off the course.

Athletic Eligibility Requirements:

- 1. To meet and maintain Mt. Si academic and attendance requirements.
- 2. To meet and maintain Mt. Si athletic code policies.
- 3. To complete all necessary paperwork for Mt. Si.

Student-Athlete General Responsibilities:

1. <u>Academics</u>. Each player is a student-athlete. This means that academics come first, athletics second. Players will adhere to Mt. Si academic policies at all times. Academic success parallels athletic success.





2. <u>Attendance</u>. Every player will be expected to attend each and every practice as well as every match. If you cannot attend practice, it is very important that <u>you or your parent/guardian(s)</u> contact your coach and immediately let him/her know that you will be unable to participate. Do not send someone else to tell us. Contact must be done <u>before practice</u>. You can reach your coaches by email or through Remind.

Coach Botulinski: botulinskis@svsd410.org
Coach Martinell: martinells@svsd410.org

Missing practice due to illness is unfortunate, but understandable. The team will be working hard every day throughout the season. If we see that your attendance both in school and at practice is becoming a problem, playing time will be limited. Unexcused absences will face more serious consequences. An unexcused absence is: any absence from a practice or a match that is <u>not confirmed prior</u> to the absence.

***Please note that absences will be a factor in determining who will qualify for match play.

- 3. <u>Be on time for practice</u>. This means being ready to practice at least 5 minutes before practice begins. If you arrive late, you will have to catch up with information missed and will need to make (20) 3 foot putts before teeing off with a group.
- 4. Attitude. This is the most important aspect in the maintenance of any truly successful sports program. Student athletes will maintain positive attitudes on and off the course, through success and adversity. Negativity will not be tolerated. Players must communicate clearly, calmly, and appropriately with other teammates, opponents, coaches, parents, teachers, and administrators. Remember the following key concepts:
 - 1. Respect your coach.
 - i. When instruction is being give, please direct your attention to him/her.
 - ii. Trust that decisions are made with the best interest of the team in mind.
 - iii. Be open to constructive criticism and/or do not make excuses. We are here to help you become a better student-athlete.





- 2. Respect your teammates.
 - i. Avoid cliques, criticizing, jealousy, egotism, envy. Those will only hurt the progress of our team.
 - ii. Once you step on the course, any issues pertaining to another teammate will not be continued. We are here to play golf. If you have an issue with a teammate, try to resolve the issue together. If this cannot be reached, speak to a coach for further guidance.
- 3. Respect yourself.
 - i. It is a privilege to be playing golf for Mount Si. You are an ambassador for this high school and program. All of your actions must be consistent with goals of this program.
 - ii. Take care of yourself physically. Eat healthy and get enough rest.
 - iii. Absolutely NO profanity or temper tantrums. Display poise at all times.
 - iv. Set realistic team and individuals goals.
- 5. <u>Sportsmanship</u>. During competition, student-athletes will display good sportsmanship at all times. We will be respectful to officials, opponents, each other, coaches, and fans. If a student-athlete is not participating in accordance with good sportsmanship, she will face limited playing time. Student-athletes must remember they are <u>representing</u> Mt. Si, and are role models for future Lady Wildcats. Every action must be in accordance with our expectations.
- 6. Playing Time/Team Selection. Playing time and team selection is earned by hard work, positive attitude, and skill. For Varsity and JV team selection, comparison of scores the girls shoot during their practice rounds leading up to the first match will play a major factor. The top 10 athletes will be able to participate in Varsity matches. For future matches, the top five finishers from the previous match will earn an automatic spot for the next match. The remaining spots will be decided by competition during practice. Post season participation will be earned throughout the season and minimum qualification is set by the KingCo conference. Final post-season rosters will be determinded by the coaching staff.





- 7. <u>Injuries</u>. If you are injured, please seek the proper medical treatment. You are still required to attend practice even if suffering from an injury. Concussions—If a coach suspects you are suffering from a concussion, we have the obligation to remove you from the activity until you are cleared by medical personnel (our trainer, for example). If you do suffer from a concussion, we cannot allow you to participate until you have been fully cleared by medical personnel.
- 8. <u>Dress</u>. Always come to practice dressed in a manner that will not hinder participation—make sure you <u>always plan ahead</u> for the weather. Coaches and captains will determine what will be worn on match days. We will either be dressing up or dressing in a manner to show team unity. It will be left to the coaches and captains to decide after practice before each match. During matches, players and observers (parents) must wear appropriate golf attire. **No jeans, denim, or yoga/exercise/Lulu Lemon pants will be allowed.** Pants must have pockets; skirts and shorts are allowed.
- 9. <u>Fundraising activities</u>. All athletes are expected to participate in the fundraising activities selected throughout the season. Fundraisers provide essential monies for our program; therefore, it is of utmost importance all student athletes participate fully for the specific fundraiser in which we participate. The ASB auction is important to our program and please pass along any suggestions for fundraising or ability to donate to the auction.

Parents and Guardians:

1. <u>Spectator Expectations:</u> Spectators will be allowed on the course, provided they follow the players by at least 25 yards, are not in close contact with the players, and do not give advice or instructions during the match. A verbal warning will be given for the first offense. Should a second offense occur, the player will be subject to a two stroke penalty. Should a third offense occur, the player will automatically be DQ'd. Coaches may also assess this penalty if they witness the violation. This is considered unsporting conduct.





- 2. <u>Email</u>. We welcome you to contact us via email. However, please refrain from using email to discuss playing time, team selection, or other sensitive subjects. Often misunderstandings arise from information received in email messages. If you want to discuss a concern, please set up a meeting to do so in order to eliminate confusion and misunderstanding.
- 3. <u>Meetings</u>. During the season, you may feel the need to discuss your daughter's situation with us. We will be glad to meet with you to discuss anything, but we ask you to observe the following parameters:
 - a. We will only meet with you at school. You may contact us via phone or email to arrange a meeting, but we will not discuss anything about your daughter until we meet at school.
 - b. We will meet you with other coaches/athletic director present.
 - c. We will never discuss a situation or even make an appointment to do so right <u>before or after a match.</u>
 Emotions run high before and after matches, so we ask parents to contact us <u>at least one day</u> after the match to set up an appointment.
 - d. We will not get into a comparison game with you. If you are unhappy about your daughter's playing time, we will discuss that with you, but we will not allow comparing her to any other player on the team.
 - e. There will be times when we may have to agree to disagree. All parents want what they feel is best for their athlete. All coaches want what's best for the team. We can't please everybody all of the time.

Closing note:

In no way is this packet or this signature meant to be a heavy weight hanging over the head of every student-athlete or parent. We, the coaching staff, felt it was necessary to notify you of our expectations as well as KingCo Conference policies. We wanted to communicate clearly what our parameters are before the season gets underway. Remember, we will keep what we believe is the best interests of our student-athletes and the Mt. Si High School Girls Golf Program. We are looking forward to a competitive and exciting season!

Coach Botulinski





Athlete and Parent Signature

The signing of this page signifies that we, both parents and student-athletes, have read the entire packet and understand it to the best of our knowledge. Our signatures also signify that we are willing to adhere to all of the expectations explained within this informational packet. We are willing to face the consequences of our actions when they are inconsistent with the expectations stated.

Student-Athlete Signature	
Parent Signature	





Goal Setting and Brainstorming

1. What are two team	goals you	have for	this seaso	on? What	do we
need to do to achieve	them?				

2. What is one personal goal you have for this season? How will you achieve it and how can your coaches help?

3. Brainstorm some ideas for what we could do as a team off the course for fun/team building. Also, what are some possible fundraising ideas you have? Is your family interested in donating to the ASB auction for the Girls Golf Program? All money earned at the auction lowers our cost for pictures, apparel, and other needs for the program.