

West Central District 3 & Southwest District 4 2018 4A Track & Field Championships Event Schedule

Thursday, May 17th

1:40 out of class
1:55 Vans Leave

Field Events

3:30 Girls Pole Vault (Catherine)
3:30 Boys Long Jump
3:30 Girls Triple Jump
3:30 Boys Javelin Throw
3:30 Girls Discus Throw
3:30 Boys High Jump (Daniel)
5:30 Boys Shot Put

Running Events

5:15 Girls 4x200m Relay
5:30 Boys 1600m Run
5:45 Boys 110m High Hurdles (Andres)
5:55 Girls 100m Intermediate Hurdles (Tyrasia)
6:05 Boys 100m Dash
6:15 Girls 100m Dash
6:25 Boys/Girls Adapted 100m Dash
6:35 Girls 1600m Run
6:50 Boys 4x100m Relay (David, Quinton, Chris, and Christopher (alt. Jackson and Tyler)
7:00 Girls 4x100m Relay (Alt. Saida, Angela, Alexa, and Jessica (alt. Tyrasia)
7:10 Boys 400m Dash (David)
7:20 Girls 400m Dash
7:30 Boys/Girls Adapted 400m Dash

Saturday, May 19th

8:15 am Vans Leave

Field Events

10:00 Boys Pole Vault
10:00 Girls Long Jump
10:00 Boys Triple Jump
10:00 Girls Javelin Throw
10:00 Boys Discus Throw (Jeremiah)
10:00 Girls High Jump
12:00 Girls Shot Put

Running Events

11:30 Girls 3200m Run
11:45 Boys 300m Inter. Hurdles
11:55 Girls 300m Low Hurdles
12:10 Boys 800m Run
12:20 Girls 800m Run
12:35 Boys 200m Dash (Christopher)
12:45 Girls 200m Dash
12:55 Boys/Girls Adapted 200m Dash
1:05 Boys 3200m Run
1:20 Girls 4x400m Relay
1:30 Boys 4x400m Relay (David, Quinton, Chris, and Christopher (alt. Jameson and Andres)
1:45 Results/Team Awards