2019 Summer Swim Team

New Swimmers Must be able to demonstrate the following skills at a Youth Level 5 ability or highter:

- *Crawlstroke
- *Backstroke
- *Breaststroke

Try out for the Advanced Practice Group! Swimmers must be able to:

*Swim continuously for 300 yards demonstrating all four competitive strokes

*Preform both crawlstroke and backstroke flip turns

*Preform a racing start from the diving blocks

Schedule

Tuesday, May 14th: Returning Swimmer Registration Opens

Friday, May 17th: Open House for New Athletes and Families @ 7:15pm

Friday, May 17th: New Swimmer Registration opens following Open House Meeting

Wednesday, June 12th: Swim Team Member and Parent Meeting @ 7:15pm

Monday, June 24th: First Day of Practice for Advanced Group

Tuesday, June 25th: First Day of Practice for Beginner/Novice Groups



For More Information, Please Contact Jennifer Larsen (253) 835-6944 jennifer.larsen@cityoffederalway.com

Fees:

FWCC Member \$130 FWCC Non-Member \$155

