

# 2018-2019 KENTRIDGE

## FALL SPORTS

### TRYOUT INFORMATION

Registration on Familyid.com must be completed and a current physical must be on file or uploaded through Familyid. ALL incoming 9<sup>th</sup> graders will need a physical dated AFTER June 1, 2018.

#### Football:

8/6: 5pm Conditioning/Strength Camp 5pm meet on KR Turf Field

8/15: 3pm Football Starts meet in Library or Room A20

SUMMER WORKOUTS: June 27 – August 2 Monday – Thursday NO 7/4/18

Experienced Lifters: 11:30am – 1:00pm

Inexperienced Lifters: 1:00pm – 2:00pm

NO YOUTH CAMPS

**HEAD COACH:** Brett Ogata - [Brett.ogata@kent.k12.wa.us](mailto:Brett.ogata@kent.k12.wa.us)

#### Boys Tennis:

8/21: 2:45pm - 5:00pm meet on KR Tennis Courts

NO Summer Programs

**HEAD COACH:** Vince Howard – [vhow517@yahoo.com](mailto:vhow517@yahoo.com) or 253-306-3812

Cross Country: 8/20: 3pm meet in KR Auxiliary Gym

OPTIONAL SUMMER PRACTICES:

Mondays beginning July 9 on KR Track 9:00am

Wednesdays at Petrovitsky Park 9:00am

**HEAD COACH:** Philip Paul – 206-941-8190

#### Girls Soccer:

Tryouts 8/20, 8/21, 8/22: PETROVITSKY PARK

Monday 8/20: Session 1: Underclassman (9<sup>th</sup>-10<sup>th</sup>) 10:00-12:00.

Session 2: Upperclassman (11<sup>th</sup>-12<sup>th</sup>) 1:00-3:00

Tuesday & Wednesday 8/21 – 8/22: 9<sup>th</sup> – 12<sup>th</sup> 10:00-12:00

**Regular Practices Begin:** Thursday & Friday 8/23 – 8/24: All teams. 3:15-5.

SUMMER KICK AROUNDS:

10-11:30am July 10, 12, 17 & 19 on KR Turf Field

**HEAD COACH:** Callie Bergstrom – [cbergstr@tahomasd.us](mailto:cbergstr@tahomasd.us)

**Girls Swim:**

8/20 – 8/24: 9 - 11am at Fairwood Pool

3:00pm – 4:30pm Dryland practice at Petrovitsky Park

**PRE-SEASON MEETING:** Monday, August 13 7:00pm Fairwood Library

**HEAD COACH:** Flannery Allen – [Flannery.allen@kent.k12.wa.us](mailto:Flannery.allen@kent.k12.wa.us)

**Golf (CO-Ed):**

8/20: 11:00am meet in KR Room 121

\*\*\*\*\* **MANDATORY**\*\*\*\*\* for afternoon try-out tee time

**HEAD COACH:** Charlie Mitchell – [Charlie.mitchell@kent.k12.wa.us](mailto:Charlie.mitchell@kent.k12.wa.us)

**Volleyball:**

8/20 & 8/21: 3:30 - 6:30pm meet in KR Main Gym

**HEAD COACH:** Eric Han – [ehan324@gmail.com](mailto:ehan324@gmail.com)