**2018 Federal Way Football**

**Practice Schedule**

In order to be ready for our first **PRACTICE** you must have the following:

* Fill out the **three** forms and submit them at <https://federal-way.rankonesport.com/>
* Have a current physical on file (you can check with Ms. Jordan)

In order to be ready for the first GAME you must have the following:

* Purchase an ASB Card
* Have all fines/fees paid in full (including CWU Camp, Tshirts, etc.)

Wednesday, August 15th - 2:30pm – 5:00- Practice (Shorts/Tshirts) FWMF

Helmet/Gear check out following practice

Thursday, August 16th – 1pm – 3:30 – Practice (Helmets only) FWMF

Friday, August 17th – 1pm – 3:30– FWMF (Helmets only)

Fundraiser and Team Meeting – 5:00 – 6:00pm

Saturday, August 18th – 9am – 1pm Practice w/ Team Building emphasis

Full Pads – FWMF

Potluck Lunch 1pm – 2pm All Families invited

Sunday, August 19th – Off

Monday, August 20th – 9 -11am – FWMF

11 – 11:30 Break

11:30 – 1pm – FWMF

Tuesday, August 21st – 9 -11am – FWMF

11 – 11:30 Break

11:30 – 1pm – FWMF

Wednesday, August 22nd - 9 -11am – FWMF

11 – 11:30 Break

11:30 – 1pm – FWMF

Thursday, August 23rd – 9 -11am – FWMF

11 – 11:30 Break

11:30 – 1pm – FWMF

Friday, August 24th – 2:30 – 5pm – FWMF

Saturday, August 25th – 9am – 11:00 – **Blue and White Scrimmage**

Sunday, August 26th - Off

Monday, August 27th – 3:30 – 6:00pm - FWMF

Tuesday, August 28th – 2:30 – 5:00pm - FWMF

6pm Fall Sport Parent Meeting

Wednesday, August 29th - 3:30 – 6:00pm – FWMF

Thursday, August 30th - Pre-game practice/meal

3 – 4:15– ½ pack practice

4:30 – 6 – Meetings

6 – 6:30 - Dinner

Friday, August 31st – **Varsity Game #1 – at FWMF vs TJ 7pm**

Saturday, September 1st – Off

Sunday, September 2nd - Off

Monday, September 3rd - (Labor Day NO SCHOOL)–

Varsity film/practice 2:30 pm – 4:30pm room TBA

**JV Game** **– Home 4pm**

**Freshman Game – at TJHS 4pm**

Tuesday, September 4th – practice for all teams 2:30 – 5:00pm

Wednesday, September 5th – First Day of School

2:30 – 5 – FWMF

Thursday, September 6th – 2:30 – 4:30 – FWMF

4:30 – 6pm Pre-game meetings and meal

Friday, September 7th – **Varsity Game # 2 – at Eisenhower (Yakima) 6pm**

We will continue to practice everyday after school now that school has started

Go to www.npslathetics.org to see current game schedules