2018 Mt. Spokane Football August Schedule

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| August |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thur** | **Fri** | **Sat** |
| **12** | **13*** Physicals @ MSHS – 5-7 pm
* Lift maxes – 9 am (jr/sr)/10:30 am (fr/so)
 | **14*** First Aid/CPR - 9 am/1 pm
* Physicals @ MHS – 5-7 pm
* Parent Meeting – 6:30 pm
 | **15*** Practice – 8am-12
* Lift – 5 pm (Big)
* Concussion test (skill) – 5 pm
* Meetings – 6/7 pm
 | **16*** Practice – 8am-11:30(all 8am practices will go until 11:30)
* Lift – 5 pm (Skill)
* Concussion test (big) – 5 pm
* Meetings – 6/7 pm
 | **17*** Practice – 8 am
* Lift 5 pm (Big)
* Practice 6 pm
 | **18*** Practice – 8 am
* Family BBQ – 12:00 (all levels)
* Fundraiser Kickoff
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| **19** | **20*** Practice – 8 am
* Lift – 5 pm (Skill)
* Practice – 6 pm
 | **21*** Practice – 8 am
* Lift – 5 pm (Big)
* Practice – 6 pm
 | **22*** Practice – 8 am
 | **23*** Practice – 8 am
* Lift – 5 pm (Skill)
* Practice – 6 pm
 | **24*** Pictures/Practice – 9 am
* Jamboree @ Albi (FR 5 pm, JV/Var 7 pm)
 | **25*** Film – 9 am
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| **26** | **27*** Practice – 3pm-5:30
 | **28*** Teacher full day
* Practice – 3 pm
 | **29*** Teacher full day
* Practice – 3 pm
 | **30*** Teacher half day
* Practice – 3 pm
 | **31*** Game #1 vs Damien – 4 pm @ Whitworth
 | **1** |
| **2** | **3****Labor Day*** Practice – 3 pm for the rest of the season
* JV @ CV - 4 pm
 | **4****1st day of school** | **6** | **7** | **8** | **9** |