2018 Mt. Spokane Football August Schedule

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| August | | | | | | |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thur** | **Fri** | **Sat** |
| **12** | **13**   * Physicals @ MSHS – 5-7 pm * Lift maxes – 9 am (jr/sr)/10:30 am (fr/so) | **14**   * First Aid/CPR - 9 am/1 pm * Physicals @ MHS – 5-7 pm * Parent Meeting – 6:30 pm | **15**   * Practice – 8am-12 * Lift – 5 pm (Big) * Concussion test (skill) – 5 pm * Meetings – 6/7 pm | **16**   * Practice – 8am-11:30(all 8am practices will go until 11:30) * Lift – 5 pm (Skill) * Concussion test (big) – 5 pm * Meetings – 6/7 pm | **17**   * Practice – 8 am * Lift 5 pm (Big) * Practice 6 pm | **18**   * Practice – 8 am * Family BBQ – 12:00 (all levels) * Fundraiser Kickoff |
| **19** | **20**   * Practice – 8 am * Lift – 5 pm (Skill) * Practice – 6 pm | **21**   * Practice – 8 am * Lift – 5 pm (Big) * Practice – 6 pm | **22**   * Practice – 8 am | **23**   * Practice – 8 am * Lift – 5 pm (Skill) * Practice – 6 pm | **24**   * Pictures/Practice – 9 am * Jamboree @ Albi (FR 5 pm, JV/Var 7 pm) | **25**   * Film – 9 am |
| **26** | **27**   * Practice – 3pm-5:30 | **28**   * Teacher full day * Practice – 3 pm | **29**   * Teacher full day * Practice – 3 pm | **30**   * Teacher half day * Practice – 3 pm | **31**   * Game #1 vs Damien – 4 pm @ Whitworth | **1** |
| **2** | **3**  **Labor Day**   * Practice – 3 pm for the rest of the season * JV @ CV - 4 pm | **4**  **1st day of school** | **6** | **7** | **8** | **9** |