

Mt Spokane High School 2018 ~ 2019 SPRING Season ~ Team Results





Wildcats 1st time ever ~ GSL ALL SPORTS CHAMPIONS ~

Boys & Girls Golf, Boys & Girls Track/Field, Boys & Girls Tennis, & Baseball advanced to State Events! MSHS sent 52 athletes to State Events this season.

GOLF... Girls **3A STATE** (May 21st & 22nd) State Finalist: Tessa VanWert

~Girls Golf has competed at State yearly since 2009

Districts 8 Championships State Qualifiers: Sophia Paolino (top golfer in 3A) & Tessa VanWert

3A STATE (May 21st & 22nd) 9th Place Gunnar Knutson, Landon Spencer, Cole Oster, Hunter Snyder, Ben Drahman **Boys** 3A District Individual Champ: Cole Oster

~ DISTRICT & CHAMPIONS

6 State Qualifiers: Gunnar Knutson, Landon Spencer, Cole Oster, Hunter Snyder, Ben Drahman, Ty Sanders

TRACK & FIELD

NOT GIVEN

STATE Champ: 400m - Spencer Barrera 48.19 Boys 3A STATE (May 23rd-25th) 5th Place

4x400 Relay 3:20.98 - Ryan Gockley, Craig Runge, Kainoa Figueira, Spencer Barrera

Triple Jump - 3rd Spencer Barrera / Long Jump - 12th Spencer Barrera / Pole Vault - 9th John Grieshaber Javelin - 5th Joey Woodland & 8th Tyson Degenhart / Shot Put - 5thRyan Miller & 11th Gabe Panferov 300 Hurdles - 7th Drew Crosbie & 8th 110 Hurdles - Drew Crosbie / High Jump - 15th Colton Hardin

Districts 8 Championships 2nd Place 12 State Qualifiers

Girls 3A STATE (May 23rd-25th) Back-2-Back ~ STATE Champ: High Jump - Katie Rhodes

Pole Vault - 10th Marli Krantz / 4x400 Relay - 11th Allie Lafferty, AveryTripp, Allie Baribault, Kahea Figueira

8 State Qualifiers Districts 8 Championships 3rd place

2nd in GSL & Sub-District 3A Champs 12 years in a row

TENNIS Girls **3A STATE** (May 24th & 25th) State Qualifiers: Sammie Maher & Kennedi Rehn

> ~ DISTRICT & CHAMPIONS 5 to State: Sarra Puzankova, Claire Gularte, Sammie Maher, Kennedi Rehn, Kayden Younker

Boys 3A STATE (May 24th & 25th) 7th Place Best season in School History / Graham Clark 6th place & League MVP

~ DISTRICT & CHAMPIONS ~ Back-2-Back Regional Champs ~

UNDEFEATED SEASON Henry Johnson qualified for State all 4 years ~ GSL CHAMPIONS

2 advancing to State: Henry Johnson & Graham Clark ~ Player of the Year: Graham Clark ~

BASEBALL ~ Coach of the Year ~ Alex Schuerman ~

> 3A STATE (May 18th) ~ "SWEET 16" Defeated Timberline HS 2-1 → ELITE EIGHT ~ Districts 8 Championships Defeated Southridge HS 1-0

~ Back-2-Back-2-Back GSL Champs ~ ~ GSL CHAMPIONS

SOFTBALL ~ Assistant Coach of the Year ~ Natalie King ~

> Districts 8 Championships Lost Southridge HS 4-6 / Lost to Shadle 2-6

~ GSL CHAMPIONS

BOYS SOCCER 3A DISTRICTS Lost to Kamiakin HS 2-4

Team Scholastic Awards

The WIAA State Academic Awards for our Spring athletic teams at Mt Spokane High School did very well, as usual. This season we have 404 student-athletes competing on 23 teams. 22 of the 23 teams were awarded WIAA Scholastic Awards for academic excellence based on the average of the team's combined GPA, which were determined with their first semester grades.

Keep up the great work Wildcats ~ both in the classroom and on the field, court, course, track, . . . !

<u>Outstanding Awards:</u> Teams with an average GPA of **3.50 - 4.00 qualify for the Outstanding Team Award.**

Girls Varsity Tennis 3.833 ~ Coach David Robin

Girls C-Team Tennis 3.661 ~ Coaches David Robin & Kaprina Goodwin

Boys Varsity Tennis 3.621 ~ Coach Don Story Varsity Fast-Pitch Softball 3.602 ~ Coach Carl Adams 3.548 ~ Coach Ryan Nelson **Girls Varsity Golf** 3.628 ~ Coach Greg Schultz **Boys Varsity Golf** 3.706 ~ Coach Annette Helling Girls Varsity Track & Field 3.554 ~ Coach Annette Helling Girls JV Track & Field

<u>Distinguished Awards:</u> Teams with an average GPA of 3.00 - 3.49 qualify for the Distinguished Team Award.

Girls JV Tennis 3.383 ~ Coaches David Robin & Jacob Fry

Boys JV/C-Team Tennis 3.442 ~ Coaches Don Story, Dustin McConnell, Mitch Whitehead

JV Fast-Pitch Softball 3.359 ~ Coaches Carl Adams & Raeleen Epperson

C-Team Fast-Pitch Softball 3.333 ~ Coaches Carl Adams & Brian Gardner

Varsity Baseball 3.365 ~ Coach Alex Schuerman

3.214 ~ Coaches Alex Schuerman & Joel Murphy JV Baseball Freshman Baseball 3.263 ~ Coaches Alex Schuerman & Josh Cowart Girls JV Golf 3.414 ~ Coaches Ryan Nelson & Nathan Sebright **Boys JV Golf** 3.489 ~ Coach Greg Schultz & Rob Renner Boys C Golf 3.092 ~ Coach Greg Schultz & Rob Renner

Boys Varsity Track & Field 3.487 ~ Coach Pat Kostecka Boys JV Track & Field 3.108 ~ Coach Pat Kostecka **Boys Varsity Soccer** 3.413 ~ Coach Morgan Hartanov

3.051 ~ Coaches Morgan Hartanov & Andi Hurst **Boys JV Soccer** Boys C-Team Soccer DNQ ~ Coaches Morgan Hartanov & Tyler Brown