

# Kentridge HS Boys Swimming and Diving 2019-2020

## Schedule

<b>Swim Meet Schedule</b>				
Date	Meet	Location	Warm-Up	Meet Starts
11/29/19	Intersquad- Green Vs. Gold	Lindbergh Pool	11:30	12:00
12/06/19	Holidays Relays	Rogers Pool	4:00	5:00
12/10/19	Kennedy Catholic @ Kentridge	Lindbergh Pool	2:30	3:00
12/12/19	Kentwood @ Kentridge	Lindbergh Pool	3:00	3:30
12/17/19	Thomas Jefferson @ Kentridge	Lindbergh Pool	3:00	3:30
12/19/19	Kentridge @ Puyallup	Puyallup Pool	3:00	3:30
01/09/20	Kentridge @ Tahoma	Covington Pool	3:00	3:30
01/11/20	Kentridge Invitational	KCAC	8:00	9:00
01/14/20	Kentridge @ Kentlake	Covington Pool	3:00	3:30
01/16/20	Hazen @ Kentridge	Lindbergh Pool	3:00	3:30
01/18/20	Lindbergh Invitational	Lindbergh Pool	9:00	10:00
01/21/20	Kentridge @ Kent-Meridian	Kent YMCA	2:45	3:15
01/24/20	Mt. Rainier @ Kentridge	Lindbergh Pool	3:00	3:30
01/28/20	SPSL Qualifiers Meet	TBD	3:00	3:30
01/31/20	League Meet: Diving	Auburn Pool	TBD	TBD
02/01/20	League Meet: Swimming	Hazen Pool	2:00	3:00
01/31/20	District Meet: Diving	Curtis Pool	3:30	4:30
02/07/20	District Meet: Prelims	Curtis Pool	3:30	4:30
02/08/20	District Meet: Finals	Curtis Pool	3:30	4:30
02/21/20	State Meet: Prelims	KCAC	8:15	9:45
02/22/20	State Meet: Finals	KCAC	8:15	9:45
<b><u>Winter Break Practice Days</u></b>				

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<b>23</b> No Practice	<b>24</b> No Practice	<b>25</b> No Practice	<b>26</b> 4:00-6:00 PM	<b>27</b> 10:00-11:30 AM 4:00-6:00 PM	<b>28</b> No Practice
<b>30</b> 8:00 to 9:00 AM 4:00 to 6:00 PM	<b>31</b> 8:00 to 9:00 AM 4:00 to 6:00 PM <b>Meltdown</b>	<b>01</b> No Practice	<b>02</b> 8:00 to 9:00 AM 4:00 to 6:00 PM	<b>03</b> 8:00 to 9:00 AM 4:00 to 6:00 PM	<b>04</b> No Practice

**Note:** December 30 to January 3<sup>rd</sup>, in the morning practice, we will have Crossfit in Kent. Their address is 7405 S 212<sup>th</sup> Street, Ste 101, Kent, WA 98032. Their website is [www.kentcrossfit.com](http://www.kentcrossfit.com).