

## **MENS SOCCER**

#### Key links-

- Handbook: <a href="https://www.kent.k12.wa.us/cms/lib/WA01001454/Centricity/Domain/4/KSD">https://www.kent.k12.wa.us/cms/lib/WA01001454/Centricity/Domain/4/KSD</a> AthleticHandbook.pdf
- Registration: <a href="https://www.familyid.com/organizations/kentridge-high-school">https://www.familyid.com/organizations/kentridge-high-school</a>
- Physical:
  - $https://www. \underline{kent.k12.wa.us/cms/lib/WA01001454/Centricity/Domain/4/KSD\ ParticipationHistoryPhysicalForm.pdf$
- Concussion: https://www.kent.k12.wa.us/cms/lib/WA01001454/Centricity/Domain/4/KSD ConcussionInformation.pdf
- Return to play: https://www.kent.k12.wa.us/cms/lib/WA01001454/Centricity/Domain/4/KSD\_ReturnPlayForm.pdf
- Consent: https://www.kent.k12.wa.us/cms/lib/WA01001454/Centricity/Domain/4/KSD MinorConsentForm.pdf
- Game Schedules: http://www.npslathletics.org/index.php?pid=0.53.132.9.320

Please make an excel file in the following format and send it to me at glenn.walrond@kent.k12.wa.us

					phone	
Last Name	First Name	Grade	Position	Club team if any	number	e-mail
Suarez	Luis	9	FW	FC Barcelona	206 987-6543	bite@gmail.com

#### **RETURN TO PLAY**

#### MEDICAL CLEARANCE FROM ATHLETIC INJURIES/ILLNESS

Any athlete who is diagnosed with a concussion, illness, or any other physical injury that requires an appointment or treatment by a medical provider must have a licensed health care provider of your choice complete the Kent School District's Return to Play form.

Once an athlete sustains an injury/illness which requires medical attention, the athlete will not be allowed to participate until the Kent School District Return to Play form has been completed and returned to the coach and building administration. All injuries/illness should be reported to a coach immediately. Return to Play forms are available from coaches at every building.

The Kent School District requires that all athletes diagnosed with a concussion must also have exertion testing performed prior to full return to play status. These services can be performed by an approved licensed health care provider of your choice (Medical Doctor, Doctor of Osteopathy, Advanced Registered Nurse Practitioner, Physician's Assistant or Licensed Certified Athletic Trainer) trained in the evaluation and management of concussion injury. If the provider of your choice is unfamiliar with the 5-step exertion testing they can refer the injured athlete to ATI Physical Therapy.

ATI Physical Therapy contracts with the Kent Schools to support our athletics and are able to provide the concussion return to play assessments (exertion testing), at their area clinics, at no charge.

For further information and/or questions, please contact your school's Athletic Director or the Kent School District Athletic Department.

We should not have to push you to work hard, you should work hard because you want to be a great player.

-Bob Knight

#### **Players TEAM SELECTION**

#### 48-56 players (we kept 56)

Varsity 13-14 field players + 2 keepers = 16
 JV 16-18 Field players + 2 keepers = 20
 C-team 16- 18 Field players + 2 keepers = 20

- C-Team is developmental = Heavy focus on basic development, less result oriented.
- J.V. Team is Intermediate = Psychological, tactical, physical and technical development. Still a large focus on development. Results become more important but not at the expense of players getting game minutes.
- <u>Varsity team is practical</u> = Psychological, Tactical, Technical and Physical aspects are refined. Still want to develop players but not at the expense of getting good game results

ALL Players MUST Tryout! There are NO entitlements.

Even if you were on the team last year you MUST make it again this season!

#### **Practices**

Practices are held at Petrovitsky Park and Kentridge.

#### But generally run 90 - 120 minutes

Times are in 1.5 to 2 hr blocks

2:50 – 4:50 @ Petrovitsky

5:00-7:00 @ KR

Players should arrive 15 minutes before actual practice time

#### **Equipment See Rules**

Each player must provide their own:

Socks, shin guards, shoes & water bottle.

Socks Forest (Drk) green pair and a white pair of Nike Classic https://www.soccer.com/shop/products/apparel/socks

Kentridge Soccer will provide:

home game jersey, away game jersey, shorts and sweat tops. Varsity and JV get back packs & training tops.

#### ASB & KSD Fee

After you make the team. All players must purchase an ASB card. (KR Athletics receive money from ASB) You are giving back to the program for uniforms and other equipment.

#### **TEAM Selection**

The coaching staff will be looking for "coachable" athletes who have a great work ethic and want to learn to be better players and teammates.

Prior Soccer experience or skill helps, but is not required. Prospective student-athletes will be tested and evaluated for their overall athletic ability and level of soccer skill. Coaches will apply the following criteria (in this order):

- 1. <u>ATTITUDE/ACADEMICS:</u> Players who are positive, competitive and eager to learn. They must strive to be SOLID student athletes.
- 2. ATHLETIC ABILITY: Players with advanced skills, and/or players with the demonstrated ability to learn and perform complex new skills
- **3.** POSITION: Players whose skills fit a specific need for the team's overall balance. Players might try out for one position and **be moved to another to benefit the team**
- 4. ACADEMICS: Players MUST maintain a 2.0 GPA. Either for semester or third quarter.



#### Discipline Procedures

Discipline Progression:

The following is a document intended to clarify the team's discipline progression.

1) Any violation of the Kent School District's Athletic Code will result in team **consequences above and beyond** those outlined in the Athletic Code.

The consequences are outlined below in the discipline progression.

2) Any violation of team rules will result in the invocation of the discipline progression

outlined below. Team rules dealt with by the discipline progression include: be on time to all practices and games unless written excuse is provided by parent or guardian; Unexcused absences from games or practices will result in application of the discipline progression.

Maintain appropriate language on and off the field while participating in school or soccer activities - avoid vulgar language and inappropriate behavior on and off the field. Red cards for violent behavior or harsh/ language carry a minimum of a two game suspension. Any in school detention assigned for inappropriate behavior or verbal notification by a teacher or administrator of school rule violations as per student handbook; physical fighting of kind; any yellow card offense at coach's discretion. The below progression is active for ALL years in the program. In other words, the progression runs from year to year and DOESN'T start over each year. i.e. if you missed were held out of a game or part of a game last year for Insubordination then your next step would be a (MINIMUM of a 3-day suspension)

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Please see attached pages for section breakdowns of progression(s)	
Any infraction occurring during probationary periods will result in a playe	r being
subjected to the next step of the discipline progression.	
Signature Date	



Team Rules

## Kentridge High School Boys Soccer Contract

Attention: To participate in the Boys Soccer Program here at Kentridge High School, <u>you must read the following and agree to sign this contract</u>. By signing this contract your signature will represent your understanding of the procedures set by this program and the expectations set by the coaching staff. The purpose of this contract is set a code of <u>accountability</u> for the players. We would like the players to experience and understand the importance of following a system. This type of system is not just for soccer, but to prepare them for life beyond High School.

- All players within this program will adhere to any and all of the school policies regarding conduct, integrity and discipline in and out of season.
- 2. **PLAYER COMMUNICATION**: Now that the players have reached high school it is their responsibility to communicate to the coaches regarding any issues pertaining to soccer. Parents should allow their sons to experience how to communicate to their coaches and how to be responsible for themselves. Players need to learn this skill because sooner than later they are going to have to speak for themselves.

This behavior will help their growth as a young man. So, PARENTS, LET YOUR SONS DUE THE COMMUNICATING.

3. All players are required to have a positive attitude towards their teammates .(This includes social media), Coaches, opponents, referees, administration, faculty, fans and their peers throughout the entire season. Each player is to practice the concept "We are a <u>TEAM FIRST</u> and an individual second"!! Each player is expected to encourage and motivate each other with a positive approach. If at any time a player does not carry or express themselves in a positive manner at any time the following consequences will apply:

a. First Time; The person will receive extra training after practice

b. Second Time; loss of starting position and game time or

playing time all together

c. Third Time; Conference with Coaching Staff

d. Fourth Time; Dismissed from the team

Address your coaches as "Coach" with their last name, **not** just by their last name.

Answering a coach, "yes/no" Coach.

Address the referees as "Sir" or "Mam" also "Mr or Ms" is acceptable.

4. <u>ATTENDANCE</u>: All players are required to attend all practices, film sessions, team meetings and games during the entire season. There will be **No Exceptions**, unless the reason warrants the absence. <u>The Coaching Staff will</u> <u>decide if the absence is excused.</u>

a. First Absence; Loss of starting position and game time or playing time all together

b. Second Absence; Suspended from the team

c. Third Absence; Dismissed from the team

Note: If you are sick or injured you must contact the coaching staff immediately. If the staff is not contacted it will be considered unexcused! If you are injured or sick you are still required to be at practice. "PLEASE UNDERSTAND", IF YOU DO NOT PRACTICE, YOU DO NOT PLAY!! Playing time is earned in PRACTICE!!! There are no assurances, for ALL LEVELS. Time served in the program will also not be a factor for making next level.

<u>Vacation Plans (During the Season)</u>: We understand that family time is very important and that vacations are an absolute necessity. However, to advance this soccer program to the highest possible level requires a **serious** commitment to time. Our goal of superiority cannot be thwarted with a part-time commitment and attitude especially when serious players are striving to advance to the collegiate level and trying to obtain TEAM GOALS. Therefore, if a vacation is more important at this time for you and your family, then we suggest that a vacation be your first priority. We will respect that decision, so you will then understand that this program will not wait for you. The choice is yours; please make that choice prior to tryouts so as to avoid the difficult decisions that will follow i.e playing time and team roles

5. **Punctuality**: All players are required to be on time for practices, games, and any other soccer related events. All players are to arrive at the school one quarter hour prior to the start of practice. This time will allow players to see the trainer and stretch prior to the start of practice. Arriving at the start of practice is unacceptable and will be considered as being late. Consequences for being late are as follows:

1. First Time Late; The <u>team</u> will receive extra training after practice

2. Second Time Late; The person late will receive extra work after practice

3. Third Time Late; loss of starting position and game time or playing time all together

4. Fourth Time Late; Suspended from the team (a minimum of one week)

5. Fifth Time Late; Dismissed from the team

#### 6. INSUBORDINATION

There will not be any insubordination tolerated towards the coaching staff, teammates,

faculty members, referees, opponents and managers at any time. (This includes social media) Consequences for being insubordinate are as follows:

- a. First Time; loss of starting position and game time or playing time all together
  - b. Second Time; Suspended from the team (length to be determined by staff but will be at least 3 days)
- c. Third Time: Dismissed from the team

#### IF THE INFRACTION IS SERIOUS THE STUDENT ATHLETE WILL BE DISMISSED

#### FROM THE TEAM IMMEDIATELY.

#### 7. INAPPROPRIATE LANGUAGE

There will not be any inappropriate language used at any time while involved in any

area within the Boys Soccer Program. Red cards for violent behavior or harsh/ language carry a minimum of a two game suspension. THERE WILL BE NO EXCEPTIONS!!

#### 8. DRESS CODE

Regarding the dress code; All players are required to wear the travel gear to all home and away games. All players will be required to wear the travel gear after the game when leaving the playing field and locker room. NO EXCEPTIONS!! All players should have athletic sandals or running shoes to wear to and from games, unless the weather is bad.

The coaching staff will communicate to the players of any changes. We are not to wear our boots to and from games. All players will use the issued team bag to carry their equipment to and from games. All players will wear the uniform that was issued at the start of the season. If the player does not conform to this, they will not be allowed to participate. This is to continue uniformity throughout the program. NO EXCEPTIONS!!

#### There is absolutely no jewelry allowed to be worn at any time during a soccer event.

\*\*If you forget any part of the uniform or issued equipment for games or practice, you will not play. The player is responsible to have all the equipment that was issued to him for the games. If there is a problem with any of your equipment, you must notify a coach immediately.

UNDERSTAND IF YOU LOSE OR DAMAGE ANY EQUIPMENT THAT WAS ISSUED TO YOU FROM KENTRIDGE HIGH SCHOOL BY YOUR COACH FOR THE SEASON, YOU ARE RESPONSIBLE TO PAY THE EXPENSES TO HAVE THE ITEM FIXED OR REPLACED.

#### 9. DRESS CODE for TRAINING

The required dress code for training during the season is the practice gear assigned to the players. Along with the practice gear every player must wear during training the shin guards that are required by the NFHS. There will be **NO EXCEPTIONS!!** 

If a student athlete attends a training session not dressed properly from the list above, the

student athlete will not be allowed to participate in training. There is absolutely no jewelry allowed to be worn at any time during training or games.

#### 10. YELLOW / YELLOW RED / RED CARDS

If a player receives a yellow card during a game, the player may be asked to leave the playing field by the Coach or Referee. Once the player leaves the field it will be DETERMINED by the Head Coach when the player will be allowed to return to the game. If the behavior was unsportsmanlike at any time or malicious towards an opponent or referee that player will sit for the remainder of the game. If a player receives a 2<sup>nd</sup> yellow card that player will sit the remainder of that game and will lose a starting position and game time or playing time all together.

A player who receives a 3<sup>rd</sup> yellow card will be suspended for 1 game. A player who receives a 4<sup>th</sup> yellow card will be suspended from the team. A player who receives a 5<sup>th</sup> yellow card will be dismissed from the Team.

#### Disqualification/Ejection of an Athlete

For disqualifications/ejections an Athlete will serve the suspension issued by the State of Washington.

For a flagrant misconduct disqualification/ejection an additional suspension may be added by the WIAA and Kentridge High School Coaching staff

The Coaching staff and the Kentridge High School Athletic Department in conjunction will review all disqualifications/ejections to make a determination of additional game suspensions or termination from the program.

OUR GOAL IS TO OBTAIN THE SPORTSMANSHIP AWARD THIS SEASON AND TO

PLAY WITH CLASS AND RESPECT FOR THE GAME OF SOCCER!!

11. <u>Discipline During School</u>: If a player receives a detention, notification of handbook violation or suspension during school the following consequences will apply:

**Detentions**:

- a. First Time; loss of starting position & game time or playing time all
- together
- b. Second Time; loss of starting position and game time or playing time
- all together
- c. Third Time; Suspended from the team
- d. Fourth Time; Dismissed from the team

#### **Suspensions:** a.

- a. First Time; loss of starting position and game time or playing time all
- together
- b. Second Time; Suspended from the team
- c. Third Time; Dismissed from the team (including ISS)
- 12. All players will travel on the bus to and from games when provided. "NO EXCEPTIONS"!!! While traveling on the bus you are permitted to listen to an ipod or any other device that plays music. But you will have headsets and the volume will be set so ONLY you can hear the music. All headsets and portable devices will be put away before you get off the bus.

You will not be walking into any facility or leaving any facility with a headset on your head.

13. The team locker room is not a hangout for you and your friends. NO ONE outside of the Boys Soccer Program is permitted in the team locker room.

#### Note: Your friends are to respect this team rule and you are responsible for their actions

- 14. Study hall, practices, team meetings, team functions, and film sessions are closed to parents, family and friends. "NO EXCEPTIONS"!!
- 15. All cell phones will be turned off before the start of any event or activity that pertains to the Boys Soccer Program. You are not permitted to use (text included) or answer your cell phone during any activity that pertains to the Boys Soccer Program.
  - a. First Time; loss of starting position and game time or playing time all together
  - b. Second Time; loss of starting position and game time or playing time all together and extra training at the next practice
  - c. Third Time; Suspended from the team
  - d. Fourth Time; Dismissed from the team

16. No player that is on the Varsity Team is permitted to participate in any club, travel, academy or any other soccer programs or other extra-curricular activities inside or outside of Kentridge High School during the Spring Season without permission from the Head Coach directly. It is STRONGLY RECOMMENDED that players involved in the JV and Freshman Programs adhere to this rule as well. During the high School season, it is very important for student athletes who compete for the varsity program and all other levels to get rest and allow their bodies to recover and remain healthy during the entire season.

If an athlete was to train or participate inside or outside of high school soccer he will be putting his body at risk of injury because of an improper amount of recovery time for his body. Also, we need not to lose an athlete to an injury or an injury worsened due to the participation of these activities or training sessions during the season. There will be NO Exceptions unless it is specifically discussed with the Head coach prior to an event or training session. If the student athlete does not follow this request he will be

suspended for a period of time determined by the Head Coach. If these actions are to continue the

student athlete will be dismissed from the program immediately.

Out of season training it is strongly recommended and supported by the coaching staff.

- 17. <u>Building Responsibilities</u>: All student athletes are required NOT to wear their cleats at anytime while in the building. Cleats are to be taken off before you enter the building and never to be put on until you get out onto the practice or game field.
- 18. If a parent needs to speak with a coach regarding issues that pertain to soccer, academics, or conduct you <u>MUST</u> follow the procedure listed below:

Call the Coach school phone ( ) and set up an appointment to meet with the coach of the team your child plays for.

Freshman Coach – Eric Walter

JV Coach – Mike Papritz

Varsity – Glenn Walrond

Volunteer- John Yorke

- 1. YOU are asked NOT to approach a coach after a game to discuss any of these issues.
- 2. YOU are asked NOT to call a coach at home to discuss any of these issues.
- 3. **YOU are asked NOT** to approach a coach before or after practice.

Any situation or problems you may have can be better handled if an appointment is made and we can sit down and discuss your concerns.

<u>Note:</u> Playing time is determined by the player's behavior away from soccer, in the classroom, their game performance, attitude, conduct, team dynamic, execution and skill level in practice and games. Personal stats, playing time and position will not be a topic to be discussed.

This program will be built on the concept of team soccer.

#### PARENT, PLAYER and COACH COMMUNICATION DURING the SEASON

Both parenting and coaching are challenging endeavors. By establishing an understanding of each other, we are able to accept the actions of each party and provide greater benefit to the young men involved in Kentridge Soccer. As a parent of a child involved in our athletic program, you have the right to understand what the expectations and communication processes are for you and your son.

#### **COMMUNICATIONS PARENTS SHOULD EXPECT from the COACH:**

- \* Staff expectations for individual players and the team
- \* Location and times of practices and games
- \* Opportunities for Strength/conditioning for the summer session
- \* Team rules and guidelines
- \* Procedures to be followed if a player is injured during participation

## APPROPRIATE CONCERNS for DISCUSSION the KENTRIDGE SOCCER STAFF should EXPECT from PLAYERS:

- 1. All concerns pertaining to soccer and academics should be expressed directly to the Head Coach
- 2. Notification of any schedule conflicts in advance
- 3. Notification of illness or injury as soon as possible

## APPROPRIATE CONCERNS for DISCUSSION the KENTRIDGE SOCCER STAFF should EXPECT from PARENTS:

- 1. Methods to help your son improve his skills
- 2. Concerns about a student's behavior/ or academic status

#### ISSUES NOT APPROPRIATE for DISCUSSION with the KENTRIDGE SOCCER STAFF:

While the Head Coach and staff are committed to open communication between staff and parents, there is a certain protocol that we ask to be observed. In particular, the time before and after a training session is dedicated to our players. It is not appropriate for a parent to approach a coach to discuss concerns regarding their son at this time. It is not appropriate to call a coach at home or on their cell phone to discuss concerns regarding their son.

The Head Coach will be happy to set up a meeting to address parent concerns at a time that will not interfere with the attention required by our athletes (THE PLAYER MUST BE PRESENT AT THE MEETING). An exception to this request is an incident when a player is injured -- the Head Coach and trainer will be available immediately after a game to discuss the situation and any concerns with parents.

It is important for parents to understand that we, as coaches, have been hired to make decisions based on what we believe to be best for the team as a whole and for all players involved with the soccer program. This understood, we will be available to discuss parental concerns with the following exceptions, which we consider either inappropriate or counter-productive to team leadership:

- 1. Personal Stats, Playing Time and Position
- 2. Tactical Training and Team Strategies
- 3. Concerns about what level they will be playing/performance of other players

There are certain situations that may require a conference between a player, coach and/or parent. It is important that all parties involved have a clear understanding of the others position, and what procedure should be followed. When a player or parent has a question or concern regarding the soccer program and needs to contact a member of the coaching staff or administration, the communication process outlined below has been adopted by the soccer program.

#### **COMMUNICATION PROCESS:**

Step 1. The concerned player should communicate with the Head Coach to schedule time to discuss his questions or concerns. If the player does not feel comfortable and satisfied with the outcome of the meeting, he should move forward to Step 2.

Step 2. A meeting involving the player, Head Coach, staff, and parent(s)/guardian(s) should be requested by calling the assigned coach ( ) and set up an appointment to meet. . If this meeting does not resolve the situation, the player and his parents should move forward with an understanding that this topic may need to be tabled.

All discussions should focus on individual concerns and questions. The performance and ability of other players will not be a topic of discussion.

Quick reference chart. Please note these rules run across categories. If you break a rule in one area, then that punishment is one strike. If you break a rule in a second area that is two strikes.... Three strikes and you are out regardless of the progression in any area.

Area	Infraction 1	Infraction 2	Infraction 3	Infraction 4 certain areas have a step 4
PLAYER COMMUNICATION (respectful)	The person will receive extra training after practice	Loss of starting position and game time or playing time all together	Conference with Coaching Staff	Possible dismissal from the team
ATTENDANCE: (Absences)	Loss of starting position and game time or playing time all together	Suspended from the team (length TBD)	Dismissed from the team	
Punctuality: (games or trainings)	The team will receive extra training after practice	The person late will receive extra work after practice	loss of starting position and game time or playing time all together	Suspended from the team (a minimum of one week)
INSUBORDINATION	Loss of starting position and game time or playing time all together	Suspended from the team (length to be determined by staff but will be at least 3 days)	Dismissed from the team	
INAPPROPRIATE LANGUAGE  (please note this is above and beyond WIAA and KSD sanctions)	Loss of starting position and game time or playing time all together. Red card violation for language carry a minimum of a 2-game suspension. The remainder of the offending game plus 2 additional games	Suspended from the team (length to be determined by staff but will be at least 7 days) The player may train only.	Dismissed from the team	
<u>Discipline</u> <u>During School</u>	Loss of starting position & game time or playing time all together	Loss of starting position & game time or playing time all together and extra training	Suspended from the team a Dismissed from the team	Dismissed from the team
School suspension	Suspended from the team. ISS only. Other types of suspension will incur immediate Dismissal from the team.			

# January

## 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 PRE SEASON MEETING	25	26	27	28
29	30 Pre Season	31	1 Pre Season	2	3	4
5	Fitness	7	Fitness			

# February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13 Pre Season	14	15	16	17	18
	Fitness					
19	20	21	22	23	24	25
Mid Winter	Mid Winter	Mid Winter	Mid Winter	Mid Winter	Mid Winter	Mid Winter
Break	Break	Break	Break	Break	Break	Break
26	27	28	1			4
Tryouts	Tryouts	Tryouts	C-Team, JV & Varsity 5:30-	C-Team, JV & Varsity 5:00-	All Teams 9:30-11:00	
2:50-4:50@	5:00-7:00 @	2:50-4:50@	7:00 <u>Parent</u>	7:00		
Petrovitsky	<u>Kentridge</u>	Petrovitsky	MTG. 5:00		Clean up 11:00-12:30	
5	6	7	8	9	10	11
C-Team 3:00- 4:45	C-Team 3:00- 4:45	C-Team 3:00- 4:45	C-Team 3:00- 4:45	C-Team 3:00- 4:45		
JV & Varsity 5:00-7:00	JV & Varsity 5:00-7:00	JV & Varsity 5:00-7:00	JV & Varsity 5:00-7:00	JV & Varsity 5:00-7:00		
3.00 7.00	3.00 7.00	3.00 7.00	3.00 7.00	3.00 7.00		

NOTE- Parent MTG. 5:00 on Thursday March 1st in the Gym

C-Team Schedule to be released 3/7/18

# All game subject to change please check <a href="http://www.npslathletics.org/index.php?pid=0.53.132.9.320">http://www.npslathletics.org/index.php?pid=0.53.132.9.320</a>

## March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	1 C-Team, JV & Varsity 5:30- 7:00 Parent MTG. 5:00	2 C-Team, JV & Varsity 5:00- 7:00	3 All Teams 9:30-11:00 Clean up 11:00-12:30	4
5 C-Team 3:00- 4:45 JV & Varsity 5:00-7:00	6 C-Team 3:00- 4:45 JV & Varsity 5:00-7:00	7 C-Team 3:00- 4:45 JV & Varsity 5:00-7:00	8 C-Team 3:00- 4:45 JV & Varsity 5:00-7:00	9 C-Team 3:00- 4:45 JV & Varsity 5:00-7:00	10	11
12 C-Team 3:00- 4:45 JV & Varsity 5:00-7:00	JV & Varsity Games 5:00 and 7:00	14 C-Team 3:00- 4:45 JV & Varsity 5:00-7:00	15 C-Team 3:00- 4:45 JV & Varsity 5:00-7:00	JV & Varsity Games 5:00 and 7:00	17	18
19 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 5:30 and 7:30	21 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	22 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 5:30 and 7:30	24	25
26 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 4:00 and 6:00	28 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	29 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 5:30 and 7:30	31	1
2	3	4	5	6	7	8

# April

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	30	31	1
JV & Varsity Games 5:30 and 7:30	3 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 5:30 and 7:30	5 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	6 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	7	8
JV & Varsity Games 5:30 and 7:30	10 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	11 JV & Varsity Games 5:30 and 7:30	12 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	13 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	14	15
16 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 5:30 and 7:30	18 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	19 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 5:30 and 7:30	21	22
23 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 4:00 and 7:00	25 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	26 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 5:30 and 7:30	28	29
30 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 5:30 and 7:30	2 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	3 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	JV & Varsity Games 5:30 and 7:30	5	6

# May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 C-Team 3:00- 4:45 JV & Varsity 5:00-6:30	1 JV & Varsity Games 5:30 and 7:30	2 JV & Varsity 5:00-6:30	3 Possible Playoff game	4 JV & Varsity 5:00-6:30	5 Possible Playoff game	6
7 JV & Varsity 5:00-6:30	8 Possible Playoff game	9 JV & Varsity 5:00-6:30	10 JV & Varsity 5:00-6:30	11 Possible Playoff game	12 Possible Playoff game	13
14 Varsity 5:00- 6:30	15 Possible Playoff game	16 Varsity 5:00- 6:30	17 Varsity 5:00- 6:30	18 Varsity 5:00- 6:30	19 Possible Playoff game	20
21 Varsity 5:00- 6:30	22 Varsity 5:00- 6:30	23 Varsity 5:00- 6:30	24 Varsity 5:00- 6:30	25 Varsity 5:00- 6:30	26 State Finals	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

## **Varsity Game schedule subject to change**

Tue, Mar 13	<u>Lakes</u>	7:00	Away	Harry Lang	
Fri, Mar 16	Il <u>Mount Rainier</u>	7:30 PM	Away	<u>HiMemStd</u>	
Tue, Mar 20	II <u>Tahoma</u>	7:30 PM	Home	<u>KRHS</u>	
Fri, Mar 23	<u>Kentlake</u>	7:30 PM	Home	<u>KRHS</u>	
Tue, Mar 27	Kennedy Catholic	7:30 PM	Home	<u>KRHS</u>	
Fri, Mar 30	<b>l</b> <u>Hazen</u>	7:30 PM	Home	<u>KRHS</u>	
	Location changed from orig	inal schedul	e that was	s posted.	
Mon, Apr 2	Kent Meridian	7:30 PM	Away	<u>French</u>	
Wed, Apr 4	<u>Kentwood</u>	7:30 PM	Home	<u>KRHS</u>	
Mon, Apr 9	IlMount Rainier	7:30 PM	Home	KRHS	
Wed, Apr 11	ll <u>Tahoma</u>	7:30 PM	Away	<u>Tahoma</u>	
Tue, Apr 17	<u>Kentlake</u>	7:30 PM	Away	<u>KLHS</u>	
Fri, Apr 20	Kennedy Catholic	6:00 PM	Away	<u>Starfire</u>	
Tue, Apr 24	II <u>Hazen</u>	7:00 PM	Away	RentMem	
	Location changed from origina	al schedule th	at was pos	sted.	
Fri, Apr 27	Kent Meridian	7:30 PM	Home	<u>KRHS</u>	
Tue, May 1	Kentwood	7:30 PM	Away	<u>KWHS</u>	

## Junior Varsity schedule subject to change

Tue, Mar 13	ıı <u>Lakes</u>	5:00 PM	Away	Harry Lang
Fri, Mar 16	II <u>Mount Rainier</u>	7:00 PM	Away	MRHS
Tue, Mar 20	II <u>Tahoma</u>	5:30 PM	Home	KRHS
Fri, Mar 23	<b>■</b> Kentlake	5:30 PM	Home	<u>KRHS</u>
Tue, Mar 27	Kennedy Catholic	5:30 PM	Home	KRHS
Fri, Mar 30	<b>l</b> Hazen	5:30 PM	Home	KRHS
Mon, Apr 2	Kent Meridian	5:30 PM	Away	<u>KMHS</u>
Wed, Apr 4	<b>■</b> Kentwood	5:30 PM	Home	KRHS
Mon, Apr 9	IIMount Rainier	5:30 PM	Home	KRHS
Wed, Apr 11	II <u>Tahoma</u>	5:30 PM	Away	<u>Tahoma</u>
Tue, Apr 17	<b>■</b> Kentlake	5:30 PM	Away	<u>KLHS</u>
Fri, Apr 20	Kennedy Catholic	4:00 PM	Away	Starfire
Tue, Apr 24	II <u>Hazen</u>	4:00 PM	Away	<u>Hazen</u>
Fri, Apr 27	■Kent Meridian	5:30 PM	Home	KRHS
Tue, May 1	<b>I</b> <u>Kentwood</u>	5:30 PM	Away	KWHS

### **Sample tryout Evaluation sheet 130pts**

## Please read carefully

	Speed	Endurance	Strength	Physical intangibles	Technical Skills	Positional awareness	Situational Awareness	Academic	Personality traits	Behavior (on the field)	Behavior (off of the field)	Character/Team/Dynamic	Coach-ability	Total
001														
002														
003														
004														
005														
006														
007														
800														
009														
010														
011														
012														
013														
014														
015														