YELM TORNADO BASKETBALL

CORE COVENANTS

CHAMPIONSHIP LEVEL EFFFORT AND ATTITUDE

1. **DON’T LET YOUR TEAMMATES DOWN! (TEAMWORK / UNITY)**

TEAM FIRST => “TOGETHER”

\* Individual second – There is no I in team!

\* The “WHOLE” is more important than the “parts.”

 \* The decisions you make have a “Ripple Effect”

 \* ACCOUNTABILITY / RELIABILITY / SACRIFICE / RESPONSIBILTY

1. **RESPECT (HONOR / INTEGRITY / LOYALTY)**

TREAT ALL TEAMMATES WITH AN EQUAL AMOUNT OF RESPECT

\* The player with the most talent is no more significant than the player with the least.

 \* Respect – yourself, team, program, school, family, community, opponents, officials

1. **ATTITUDE & EFFORT (DISCIPLINE / INTENSITY / CONFIDENCE)**

GIVE ALL OF YOURSELF TO THE TEAM

\* These are the two things that you CAN control!

\* 110% of effort, 100% of the time!

\* Do NOT be a selective participant. Give all of yourself EVERY time!

\* Hustle everywhere – Move with a purpose!

\* Can you look in the mirror and honestly say that you have given all of yourself?

1. **LEADERSHIP (PRIDE / COMMITMENT / CONSISTENCY / COURAGE)**

WE ARE ALL LEADERS ON THIS TEAM

\* We have designated captains, but that doesn’t mean others can’t take charge.

\* Discipline yourselves (and each other), so we don’t have to.

\* If you watch / allow poor behavior, then you are just as guilty

\* What does your “WORD” mean?

1. **TEACHABLE SPIRIT (TRUST / COMMUNICATION / SELFLESSNESS)**

POSITIVE PEER PRESSURE => MENTAL TOUGHNESS

\* Accept criticism from coaches and teammates (that means we care about you / us).

\* Remember => “Attitude is Contagious” so “Be Positive” => Show ENTHUSIASM!

YOU, AS A TEAM/PROGRAM, MONITOR EACH OTHER.

WE, AS THE COACHES, ENFORCE THE CONVENANTS.

UNDERSTAND AND ACCEPT THIS.

WE ARE EITHER WITH THE TEAM OR AGAINST THE TEAM.

THERE IS NO IN BETWEEN!

My signature signifies that I am willing to live by these covenants and support them:

Player Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_