***YELM TORNADO BASKETBALL***

***PRE-SEASON NEED TO KNOW ITEMS***

* **CONTACT INFORMATION:**
  + **Russ Riches – Head Coach** 
    - **Classroom – 360-458-6470**
    - **Cell – 360-280-3208**
  + **Jenn Sleeman – Varsity Assistant Coach**
    - **Cell - 360-359-5093**
  + **Tom Rundle – JV Coach**
    - **Cell - 360-561-9420**
  + **Kayla Turcott – “C” Coach**
    - **Cell – 360-280-9551**
* **IMPORTANT DATES:**
  + **TRYOUTS BEGIN MONDAY, NOV. 13TH @ 2:30**
  + **Lock-in or Retreat – Nov. 17th**
  + **Red & Black Game – Fri., Nov. 24th – 5:30**
  + **Jamboree–Sat., Nov. 25th – JV/Var-12:00-2:00**
  + **Christmas Break from Dec. 16-25**
  + **Practice Dec. 26 & 28 & 30**
  + **C/JV/V Games over Christmas Break**
    - **C/JV/V - Dec. 27 @ River Ridge 3:30/5:15/7:00**
    - **C/JV/V – Dec. 29 @ Mercer Island – 3:45/5:15/7:00**
  + **Regular Schedule starting Jan. 2**
* **MUST BE REGISTERED AND CLEARED ON FAMILY ID BY NOV. 1 IN ORDER TO BE ON THE FLOOR THE FIRST DAY!!!!**
* **LOCK-IN/RETREAT HELP**
  + **We will do a potluck for lock-in**
  + **We will need dinner & breakfast for retreat**
* **STRENGTH AND CONDITIONING SCHEDULE**
  + **We need to be in basketball shape**
  + **Schedule is on the calendar**
* **GBB PAPERWORK DUE BY NOV. 8TH**
* **CAPTAIN INTERVIEWS – NOV. 7TH after conditioning.**