

2014-15 Swimming and Diving District Time Standards

	GIRLS-2A		GIRLS-3A		BOYS-2A		BOYS-3A
200 Medley Relay	2:20.00		2:16.00		2:10.00		2:04.00
200 Free	2:28.00		2:19.00		2:14.50		2:05.00
200 IM	2:49.00		2:40.00		2:34.50		2:24.00
50 Free	29.40		28.50		25.70		24.50
Diving	205/11 dives		225/11 dives		225/11 dives		230/11 dives
100 Fly	1:20.00		1:14.00		1:09.00		1:03.50
100 Free	1:06.00		1:02.00		59.00		55.50
500 Free	6:42.00		6:25.00		6:17.00		5:45.00
200 Free Relay	2:06.00		2:04.00		1:52.00		1:50.00
100 Back	1:17.50		1:13.00		1:12.00		1:06.00
100 Breast	1:26.00		1:22.00		1:17.00		1:13.00
400 Free Relay	4:45.00		4:45.00		4:20.00		4:06.00

2014-15 Swimming and Diving State Time Standards

GIRLS	2A		3A		4A	
EVENT	YARDS	METERS	YARDS	METERS	YARDS	METERS
200 Medley Relay	2:03.00	2:17.27	1:56.99	2:10.56	1:55.99	2:09.44
200 Free	2:08.50	2:22.38	2:00.99	2:14.06	1:59.90	2:12.85
200 I.M.	2:23.99	2:39.83	2:14.99	2:29.84	2:14.50	2:29.30
50 Free	:26.25	:29.27	:25.40	:28.32	:25.15	:28.04
Diving	280/11.6		300/11.6		315/11.6	
100 Fly	1:04.10	1:11.22	1:00.99	1:07.76	1:00.80	1:07.55
100 Free	:57.99	1:04.48	:55.90	1:02.16	:54.99	1:01.15
500y/400 M Free	5:45.90	5:03.42	5:24.50	4:44.65	5:21.99	4:42.45
200 Free Relay	1:48.50	2:01.19	1:45.99	1:58.39	1:43.90	1:56.06
100 Back	1:06.20	1:13.55	1:01.99	1:08.87	1:01.30	1:08.10
100 Breast	1:14.20	1:22.51	1:10.50	1:18.40	1:10.20	1:18.06
400 Free Relay	4:01.00	4:28.47	3:51.99	4:18.44	3:47.50	4:13.44