

BLHS Women's Soccer

Lady Panthers at The Lake!

2018-19



*INFORMATION
PACKET*



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[/BonneyLakePanthersWomensSoccer](#)



[@BLWomensSoccer](#)

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Text [@wfarris](#) to **81010** (or, to **253-656-0658**)



Email wfarris@mail.remind.com



Online at Remind.com/join enter the code [@wfarris](#)

PANTHER

Bonney Lake High School



SOCCER

Women's Soccer Program

Dear Parents/Guardians and Student Athletes,

It's time to start preparing for another season of the beautiful game at The Lake!

Please read this packet thoroughly. At the end you'll find a place to initial and sign your names. If you have any questions, feel free to contact me (contact info below). Specifically, I'd like to call your attention to:

- **The 'Signature Page':** Found at the end of the packet, it must be turned in directly to the coach on the first day of tryouts (do NOT turn it into the office or confuse it with the information required by the Athletic Director).
- **Team Camps:** This is a foundational time for us. Annually the mandatory camp takes place at the end of the first week of tryouts, any potential team member needs to be prepared to join us.
- **Parent Meeting:** In the days after selections are made there will be a mandatory parent meeting where we will offer some more detailed information about our program and answer questions you might have.

Please remember that the **Athletic Clearance Card/Ticket** (obtained through the BLHS Athletic Director) and the **Signature Page** at the back of this packet are due to us on the first day of tryouts. There are NO EXCEPTIONS to this rule. They must be given to us directly. Please do NOT turn them into the office or place them in our mailbox. See more about this in the '**Clearance**' section of this packet.

Again, if you have any questions, please do not hesitate to contact me. We are very excited and looking forward to this season.

Go Panthers!

Coach Wayne

Head Coach: Wayne Farris
253.307.3173
Wayne_Farris@SumnerSD.Org

Bonney Lake High School
10920 199th Ave. Ct. E.
Bonney Lake WA 98391
(253) 891-5700

Asst. Coach: Dyanne Jewett-Borst
Asst. Coach: Moe Orcutt

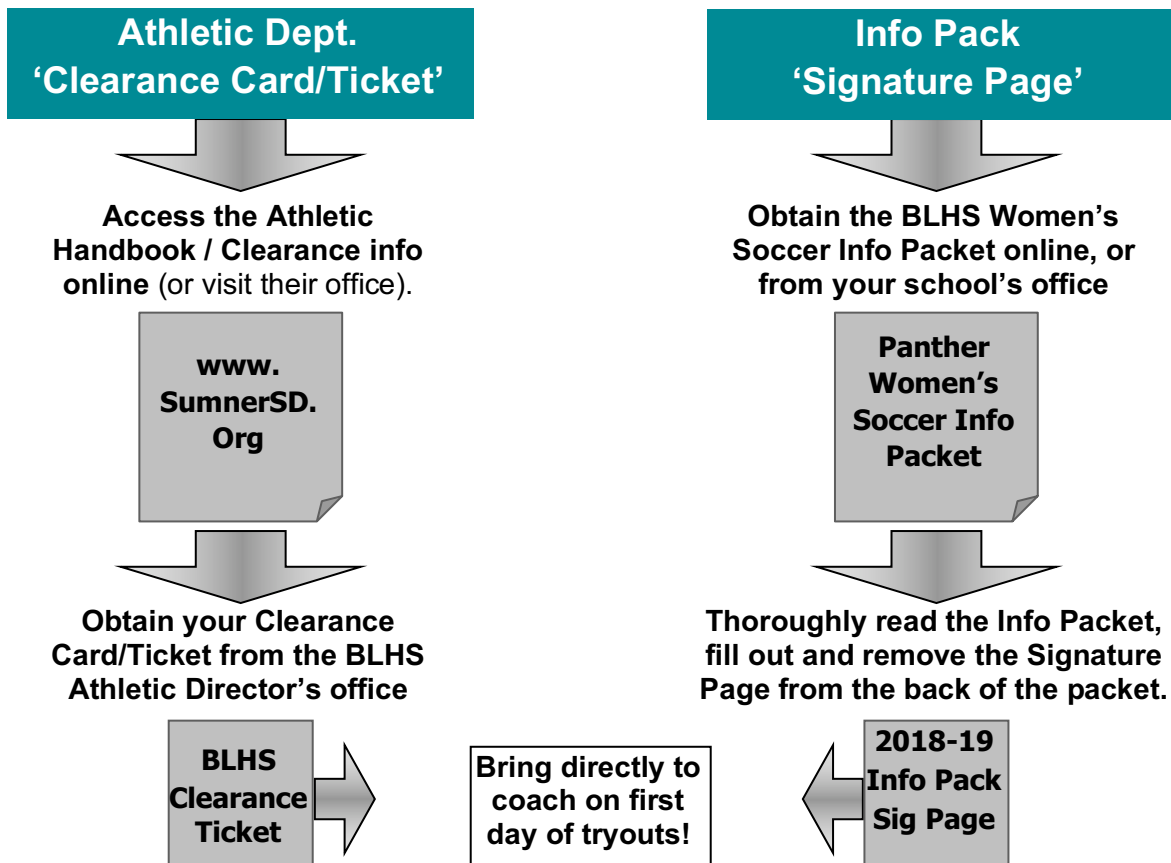


CLEARANCE

Eligibility / Clearance

There are two items required at our first day of tryouts, for you to be 'cleared' to participate. It is important that these items are NOT turned into the office or to the coach's mailboxes.

BRING THESE TWO ITEMS DIRECTLY TO THE COACHES ON THE FIRST DAY OF TRYOUTS...



FAQ's regarding clearance and eligibility:

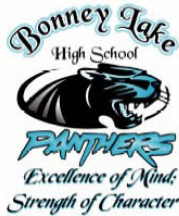
- **Yes** – your doctor's signed physical is considered good for 24 calendar months.
- **No** – the Athletic Clearance issued to you for a previous sport/season is not good. You must see the BLHS Athletic Director to obtain your Clearance again and bring it to your coach at the first turn out for each sport you participate in.
- **Yes** – for Fall sports, it is your previous Spring's GPA which determines your academic eligibility (except incoming 9th graders).

Everything needed can be found at: www.sumnersd.org/studentfamilyservices/athletics/

If you do not have Internet access, or if you have any other questions, you can visit or call the Bonney Lake High School AD's office and they will assist you.

BONNEY LAKE HIGH SCHOOL

10920 199th Ave. Ct. E – Bonney Lake, WA 98391
(253) 891-5700



CRIS TURNER, Principal
KELSEY ANDERSON, Asst. Principal
ANTHONY CLARKE, Asst. Principal
LINDSAY RICHTER, Asst. Principal

BLHS 2018-19 FALL ATHLETIC CLEARANCE INFORMATION

Sumner School District uses online athletic clearance that provides a convenient way for families to clear athletes almost entirely online! Clearances will run through our partner company called FamilyID; a secure registration platform that provides our families with a user-friendly way to register and clear athletes for our BLHS sports programs. The website is:

FamilyID.com

Online Clearances Will Be Available Starting: WEDNESDAY, AUGUST 1st

When registered through FamilyID, the system will track all clearance information for each athlete. The 6 Steps to complete are:

1. Complete and fill in all forms on **FamilyID**
2. Purchase SY 17-18 ASB Card from the Bookkeeper
3. Pay athletic participation fee with the Bookkeeper
4. Clear all school fines with the Bookkeeper
5. Turn in an Athletic Physical to Mr. Ferguson in the Main Office or online through FamilyID.
6. Get an Athletic Clearance Ticket from Mr. Ferguson in the Main Office

Coaches will be notified of all cleared athletes prior to the first practice, and you can take your clearance ticket directly to your coach on day one.

ATHLETES MUST BE CLEARED PRIOR TO PARTICIPATION IN ANY PRACTICE OR COMPETITION.

Fall Athletic Clearance Dates

Football: Mon. Aug. 13th & Tues. Aug. 14th
(Football practices start on Wed. Aug. 15th)

All Other Sports: Wed. Aug. 15th – Fri. Aug. 19th
(All Other sports practices start on Mon. Aug. 20th)

Please go to **PCLATHLETICS.COM** to find information on BLHS Panthers Athletic Schedules!



SELECTIONS

While team 'selections' are a reality in most high school athletics, they are not the ultimate measuring standard for life. This is just a *game*, regardless of your standing within our soccer program, you always have a role *in life*.

Dream big – set your goals high. You do belong! You were born to win!!

For the program, we are looking for **OKG's – Our Kind of Gals!**

➤ **Eligibility**

- ✓ Proper Clearance
- ✓ Continual Academic Commitment

➤ **Character**

- ✓ Attitude
- ✓ Sportsmanship / Citizenship
- ✓ Commitment / Dedication
- ✓ Coach-ability
- ✓ Team-Focused Player

➤ **Talent**

- ✓ Athleticism
- ✓ Technical Soccer Skills
- ✓ Tactical Game Knowledge
- ✓ Fitness / Strength
- ✓ Potential

In addition to our staff, we always make an effort to have at least one or two other experienced assistants providing insight and support during the selection process. We do our best to ensure that every student-athlete will have an equal opportunity to be evaluated.

Having said all of this, I personally take full responsibility for the entire selection process and final decisions. Direct any questions or concerns you may have directly to me. However, once selections are made, we have a 24-hour rule – I will meet to answer any questions or concerns, but not until after the following day's training session, and only in person. So please honor the 24-hour period post selections.

Thank You!

Head Coach: K. Wayne Farris jr.
Wayne_Farris@SumnerSD.Org | 253.307.3173

I will take responsibility for doing all we can to identify OKG's, but need **you** to be responsible for:

- A) Making yourself known – give great effort and find positive ways to stand out!
- B) Put your **LAST NAME** on the **FRONT & BACK** of your shirts – with **LETTERS AT LEAST 5" TALL** – use tape – use marker on old t-shirts – use iron-on laser printable sheets – whatever it takes!



TEAM STANDARDS

We have high expectations for the conduct of our student athletes, to represent BLHS with integrity and respect, displaying the kind of character that has become synonymous with Panther pride.

While not exhaustive, this list will assist you in understanding our expectations. We reserve the right to amend this list as necessary to achieve the aforementioned goals. We can assure you that the Panther athletes in our program will always be fully aware of expectations.

Student Athlete's Must:

- 1) Be in compliance with all WIAA and Sumner School District regulations.
- 2) Maintain a positive attitude and promote team unity on and off the field.
- 3) Maintain a positive standing in regards to grades and other school related activities. Beyond state/district regulations, if a student athlete has a grade at or below a C- in any class, a 'Plan Of Improvement' may be required. The plan will be signed by the teacher, parent and athlete, and the athlete may be given practice time to work on the plan. On a case-by-case basis, game time may be withheld until adequate academic improvement has been shown. The student athlete's success is our ultimate goal.
- 4) In many soccer circles, it is commonplace and acceptable to receive a 'straight' red card during the run of play. This is not true at BLHS. Any athlete receiving a 'direct' red card may be subject to probation (depending on the circumstances), at the coach's discretion.
- 5) Arrive to everything on time. **Do not be late** (note: 'early' is on time, 'on time' is late).
- 6) Come to every turn out prepared and in proper gear. Shin guards, proper shoes, etc. are required for all turnouts. Regardless of where we play, you should have both your 'home' and 'away' uniform with you at every game.
- 7) Maintain school uniforms properly and notify the coach if one is in need of repair.
- 8) Ride the bus to and from games where bus transportation is provided.
- 9) Show respect for your teammates, coaches, officials, fans and opponents **at all times.**
- 10) Accept that each athlete will fill a specific role for our team. All roles are vital and valued, but they do not all mandate equal playing time.
- 11) Bring a doctor's note of permission if you are returning from an injury that required professional medical attention.
- 12) Be present at all team events. It must be cleared, by the coach, prior to missing a training/match/etc. – Players can utilize our 'REMIND' account for reporting all absences, tardy's, etc.... use it.
- 13) Represent the Bonney Lake community with dignity, respect and Panther pride.
- 14) Have fun – enjoy the journey!

Communicate! Communicate! Communicate!

No Excuses
N.E.N.S.
No Surprises



IMPORTANT NOTES/DATES

➤ If you're new to our program:

- ✓ We train/play nearly every day of the school week throughout the entire season. Our season is short (about 12 weeks), but intense and demanding.
- ✓ Be prepared for Saturday involvement. We typically have Saturday activities or games on the first 2-3 Saturday's of the season, and possibly on sporadic Saturdays after that.
- ✓ We'll likely have mandatory training or a match over part of Labor Day weekend. Plan accordingly (in fairness, Winter sports play over winter break, Spring over spring break).
- ✓ While uniforms & bags are provided, players are responsible for providing proper shoes and shin guards. There are also other mandatory and voluntary costs associated with participating. We strongly encourage players to do all they can in the off-season to be responsibly for earning the money they will need throughout the season.
 - Examples of approximate costs: Game socks ~\$12; Camps ~\$30; Team Shirts ~\$18; Team Events ~\$5 each night; etc.

➤ Game Tickets:

- ✓ Ticket prices for home & away stadiums/contests are set by the PCL during the season, and the WIAA during the post-season.
- ✓ Annual BLHS and Sumner District athletic passes are available for individuals and families, see the BLHS bookkeeper or district website for more info. Passes are not valid during the pre and post-seasons.

Important Dates:

- First days of turnout's: **Mon., Aug. 20th**
(practices are mandatory – plan to be cleared and ready to go by before then)
- Team selection dates: **Wed., Aug. 22nd** (possibly Thu. as well)
(selections will be posted in the afternoon on one or both of these days)
- Team camps: **Approx: Fri./Sat., Aug. 24th/25th**
(mandatory event – plan your schedules and save your money now)
- JV and V Jamboree: **Sat., Sep 1st**
- Mandatory Parent Meeting ~ **T.B.D.**
(we will confirm a date ASAP)

Off-Season Suggestions:

- Need off-season strength and conditioning assistance? Contact us and we'll help draw up a fitness program designed specifically for your needs to help enter the season conditioned.
- For those in need of academic assistance during the off-season, please give us a call and let us help. Remember, we want to see our student athletes succeed first as *students*.

Websites of Interest:

SumnerSD.Org WIAA.Org PCLAthletics.Org NCAAClearinghouse.Net



AWARDS CRITERIA

Panther Soccer is about “Team”. While individual effort may be rewarded at appropriate times, our focus will be on “Team First”.

It will be customary to present some special awards at our post-season banquet. When the time is right, the team will collectively be given the criteria for these awards and they will individually and anonymously vote for the recipients of these awards.

Also, at the end of the season, the School Letter Awards will be presented to applicable Varsity players. These awards will be based primarily on the criteria listed below with the coaches reserving the right to award at their discretion.

Minimum Varsity Lettering Criteria

1. You remain in good standing with the team. This includes in relationship to teammates, academics, team rules, district policies, and state regulations.
2. You suit-up with the Varsity squad for at least six of the varsity contests.
3. You know, understand and fulfill your specific role on the team.
4. You participate in all scheduled team events from which you have not previously been excused.
5. You be prepared to contribute, as your role deems necessary, for each and every game we play.
6. You maintain the standards of good character and excellent citizenship – on and off the field – throughout your entire participation in the Panther Women’s Soccer Program.
7. You embody the principle behind this statement:

***As a team, we equally value and esteem each individual member...
As individuals, we sacrifice ‘self’ for the sake of ‘team’.***



PARENT / COACH COMM.

PART 1 - EXPECTATIONS

Our Relationship:

Parenting and coaching are both extremely difficult callings. Successfully fulfilling these roles during the soccer season will largely hinge on our ability to understand and relate with each other. This begins with clear communication. Communication is the key to trust and trust is the key to teamwork.

What you can expect from us as a coaching staff:

- 1) We will communicate and model our philosophy: Positive focus; Character and integrity; 'student-athlete' is in correct order; Commitment to 'team' and 'teammates'; Solid work ethic; Fairness and respect; Fun!
- 2) We will clearly communicate our standards and expectations to all of our student athletes
- 3) We will communicate as clearly as possible, with parents and students, about program logistics: schedules and schedule changes, fees, equipment needs, team requirements, etc.
- 4) We will communicate with you, when appropriate, regarding discipline issues
- 5) We will employ sound coaching practices
- 6) We will make mistakes... when we do, we will model the humility and humanity we expect from the young people in our program

What we expect from you as parents/guardians:

- 1) That you show respect for the program, coaches, administration, players, visiting teams, and officials. Parents who are critical of any of the aforementioned in a public forum (i.e. school meetings, the stands) only serve to undermine our entire program at the expense of their own student-athlete. Any concerns should be expressed directly to our coaching staff in an appropriate manner and time
- 2) Willingness to make sacrifices and minimize schedule conflicts (notification of any schedule conflicts well in advance)
- 3) Adherence to the communication guidelines detailed on the following page
- 4) That throughout the season, particularly during and immediately following a match, you will concentrate on loving and supporting your child for who they are, not for how they or the team performed. Examples of the most successful parent-coach relationships show student athletes are always happiest and feel most supported when the parents are free to show unconditional love and support, and performance evaluation is left up to the coaches.



PARENT / COACH COMM.

PART 2 - GUIDELINES

It is our hope is that your young ladies will experience very rewarding moments in our program. It is also important to understand that there may be times when things do not go the way you or your child wishes. At these times, discussion is encouraged.

Appropriate concerns to discuss with our coaches:

- 1) The treatment of your student, mentally, physically, and emotionally
- 2) Ways to help your student improve, on and off the field
- 3) Any concerns about your student's behavior, inside or outside the program

Often, decisions made by the coaching staff can be difficult to accept (i.e. playing time, role/position). Reasons for our decision may or may not be obvious and may even be confidential; this is one of the many reasons we ask that you trust us in this process. As you have seen from the previous list, certain things can and should be discussed with us as coaches. Other things, such as the list below, should be left to our discretion as coaches.

Not appropriate for 'open-ended' discussions with coaches:

- 1) Playing time – It is your right to ask us about your student's role in our program. We do not mind providing this feedback. However, on-going dialogue on this topic will be limited.
- 2) Team strategy – Questions that may help you understand our team strategy or vision are welcome, but open-ended dialogue or debate is not.
- 3) Other student athletes

Concerns and Conflict Resolution:

- If an issue or conflict arises, observe the 24-hour rule: wait 24 hours, from the time you decide to raise the issue, before you contact the coaching staff to discuss the concern or set up an appointment
- Keep in mind that game day is never an appropriate time for these kinds of discussions
- Email or social media is never an appropriate avenue for these discussions – let's strive to meet face to face whenever possible... email/social media works well for passing information (mtg times, dates, places, etc.) but rarely works well for meaningful dialogue
- The process for conflict resolution is as follows:
 - 1) **Coach / Student...** Encourage ("push") your student to engage us as a coaching staff. We are open to them. Help them to share their issues with us directly
 - 2) **Coach / Student / Parent...** Call and set up an appointment to meet together
 - 3) **Coach / Student / Parent / Athletic Director...** If you feel like we are unable to resolve the issue or concern, be honest with me about your lack of satisfaction and, if you desire, I will set up an appointment for us all to meet with our Athletic Director

As stated earlier, it is our hope that these expectations will create a smooth road for open, honest and encouraging communication – the kind of communication that will build trust and relationship, will enhance your student-athlete's experience, and help us continue to build the tradition that has become Panther Soccer.



TEAM CAMPS

PANTHER C. L. A. W. S. CAMP 2018

Character + **L**eadership + **A**ttitude + **W**ork = **S**uccess

When: 8/24-8/25 – End of first week of tryouts

Cost: Approx. \$25 - \$35 (still to be finalized)

* Some limited scholarship assistance is available – for more information, contact Coach Wayne

CLAWS Camps are a mandatory, vital time in the beginning of our season when we communicate our vision, define our goals, and really begin the adventure of molding ourselves into a team.

The camp will include 2 to 3 practice/fitness sessions, as well as various team meetings and other activities. Our camp is an overnight affair for Varsity, and a day camp for JV. It occurs at the end of our first week of tryouts, which means any player who sees themselves as a potential player needs to be prepared that just two days after team selections, they will be whisked away to camp 😊

➤ **What to Bring:**

- Regular practice/training gear (including water bottle)
- Regular cleats / training shoes
- Running shoes
- Change of clothes
- Possibly a swimsuit (with t-shirt / cover shirt) and a towel
- Pen or Pencil (for sure) / Notebook / Homework (if you have any)
- Great attitude

➤ **What Not to Bring:**

- Bad attitude
- Laptops / Tablets / iPads
- Anything not allowed on BLHS campus

More details to come...



PANTHER PARENT PRIDE

PPP (Panther Parent Pride) is the non-profit Parent Booster Club for BLHS. It is a wholly separate entity from the school whose mission is ***“to provide a means at Bonney Lake High for connecting the school, parents & community in effective communication and ongoing cooperation in order to further the excellence of all students enrolled.”***

The general PPP is made of subgroups that represent various activities, clubs, and athletic programs. We have an active **Women’s Soccer PPP** that is immensely supportive, and your involvement in it is absolutely vital to the health of our program.

◆ **Parent Membership Fee: ~ \$50**

- Usually collected at our parent meeting or first couple weeks of the season
- Initial fees provide all away-game bus meals (~7 games), and in some cases additional transportation fees, for your student – saving you those personal costs down the road 😊
- Hardship exceptions are understandable, please communicate such needs to one of our PPP board members

◆ **Fundraising Activities: We Rely On You!**

- All of our parents are expected to assist with our various fundraising activities. We appreciate all of your time and effort
- Typical fundraising activities may include:
 - Concessions at various sporting events
 - Selling team gear
 - Running the pre-season Jamboree
 - Assisting with the annual Fireworks stand
 - Assisting with the annual Concert Concessions

2018-19 Women’s Soccer PPP Board:

- **Scott Nall** - President
- **Erin Markquart** - Vice President
- **Joyce Matsukawa** - Secretary
- **Scott Kober** – Treasurer



Questions?: scott@teamnall.com



BLHS PPP General Website: <http://www.blhsppp.org>



SIGNATURE PAGE

**Remove this Signature Page and turn it in, with your Athletic Clearance, at our first turnout.
THANK YOU!**

Parents/Guardians and Student Athletes,

After you've read through this Information Packet together, please initial where appropriate, then print and sign your names below.

Parent/Guard. Initials	Students Initials	Information Packet Section
		I have read and understand the Clearance Information in this packet.
		I have read and understand the Team Selection Process outlined in this packet.
		I have read and understand the Team Standards listed within this packet.
		I have read and understand the Important Notes & Dates section of this packet. I am making appropriate arrangements to comply with the dates listed.
		I have read and understand the criteria for receiving the School Letter and other Team Awards .
		I have read and understand the expectations and guidelines in the Parent / Coach Communication section. I will do all I can to foster a positive relationship with the coaching staff.
		I have read and understand the information regarding the Team Camps .
		I have read and understand the Panther Parent Pride section of the packet and will do my best to support the programs volunteer and fundraising efforts.
		I understand that by trying out for the BLHS Women's Soccer Program, I am agreeing that – if selected – I will remain committed and dedicated to the program throughout the entire season, and to my teammates throughout the entire school year.

_____ (Parent/Guardian's name – printed)

_____ (Parent/Guardian's signature)

_____ (Date)

_____ (Student Athlete's name – printed)

_____ (Student Athlete's signature)

_____ (Date)