

2018-19 Seahawks Boys Water Polo Calendar

August

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 Practice PHS Pool – Water 1-4pm	21 Practice PHS Pool – Water 1-4pm	22 Practice PHS Pool – Water 1-4pm	23 Practice PHS Pool – Water 1-4pm	24 Practice PHS Pool – Water 1-4pm	25 Practice PHS Pool – Water 10am-12pm
27 Practice PHS Pool – Water 1-4pm	28 Practice PHS Pool – Water 1-4pm	29 – 1 st Day of School Practice 7-8pm - Dry 8-9pm - Water	30 Practice PHS Pool - Water 5-7:30pm	31 Practice PHS Pool - Water 5-7:30pm	

September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Practice PHS Pool – Water 10am-12pm
3 Practice 7-8pm - Dry 8-9pm - Water	4 Game @ SK 4pm Game 3:30 W/U	5 Practice 7-8pm - Dry 8-9pm - Water	6 Game vs. Wilson PHS 5:30 Game Time; 5pm W/U	7 Practice PHS Pool - Water 5-7:30pm	8 Practice PHS Pool – Water 10am-12pm
10 Practice 7-8pm - Dry 8-9pm - Water	11 Game @ Kentridge 8:30pm Game 8pm W/U	12 Practice 7-8pm - Dry 8-9pm - Water	13 Practice PHS Pool - Water 5-7:30pm	14 Practice PHS Pool - Water 5-7:30pm	15 Practice PHS Pool – Water 10am-12pm
17 Practice 7-8pm - Dry 8-9pm - Water	18 Practice PHS Pool - Water 5-7:30pm	19 Game @ Gig Harbor 5:15pm Game 5:00pm W/U	20 Practice PHS Pool - Water 5-7:30pm	21 Game vs. Lakes PHS 5:30 Game Time; 5pm W/U	22 Practice PHS Pool – Water 10am-12pm
24 Practice 7-8pm - Dry 8-9pm - Water	25 Game vs. SK PHS 5:30 Game Time; 5pm W/U	26 Practice 7-8pm - Dry 8-9pm - Water	27 Practice PHS Pool - Water 5-7:30pm	28 Game vs. Stadium PHS 5:30 Game Time; 5pm W/U	29 Practice PHS Pool – Water 10am-12pm

October & November

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Practice 7-8pm - Dry 8-9pm - Water	2 Game vs. Kentridge PHS 6:30 Game Time; 6pm W/U	3 Practice 7-8pm - Dry 8-9pm - Water	4 Game @ Wilson 6pm Game 5:30 W/U	5 Practice PHS Pool - Water 5-7:30pm	6 Game @ Lakes 2:30pm Game; 2pm W/U; \$ for Spectators
8 Practice 7-8pm - Dry 8-9pm - Water	9 Game vs. Kentwood PHS 6:30 Game Time; 6pm W/U	10 Practice 7-8pm - Dry 8-9pm - Water	11 Game vs. Enumclaw PHS 5:30 Game Time; 5pm W/U	12 Practice PHS Pool - Water 5-7:30pm	13 Practice PHS Pool – Water 10am-12pm
15 Game @ Rogers 7:15pm Game; 6:45pm W/U	16 Practice PHS Pool - Water 5-7:30pm	17 Practice 7-8pm - Dry 8-9pm - Water	18 Game @ Stadium 7pm Game; 6:30 W/U	19 Practice PHS Pool - Water 5-7:30pm	20 <i>Practice</i> <i>PHS Pool – Water</i> <i>1pm – 3pm</i>
22 Practice 7-8pm - Dry 8-9pm - Water	23 Practice PHS Pool - Water 5-7:30pm	24 Game vs. Emerald Ridge @ Puyallup 5:30 Game; 5pm W/U	25 Practice PHS Pool - Water 5-7:30pm	26 Game vs. Gig Harbor PHS 5:30 Game Time; 5pm W/U	27 Practice PHS Pool – Water 10am-12pm
29 Practice 7-8pm - Dry 8-9pm - Water	30 Practice PHS Pool - Water 5-7:30pm	31 Practice 7-8pm - Dry 8-9pm - Water	1 Practice PHS Pool - Water 5-7:30pm	2 Practice PHS Pool - Water 5-7:30pm	3 - 4 Division Championships TBD
4 Practice 7-8pm - Dry 8-9pm - Water	5 Practice PHS Pool - Water 5-7:30pm	6 Practice 7-8pm - Dry 8-9pm - Water	7 Practice PHS Pool - Water 5-7:30pm	8 State Championships TBD	9-10 State Championships TBD

2018 Peninsula High School Boys Water Polo Info

- Parent Meeting Thursday August 16th 5:00p PHS Pool
- 1st Practice: Monday August 20th 1-4pm PHS pool
- Register and Pay your Pay to Play before 1st practice – www.familyid.com

YOU MUST HAVE 10 PRACTICES BEFORE YOU CAN COMPETE IN A GAME

ALL PRACTICES ARE MANDATORY

- If you need to miss practice communicate with coaches by the day before
- You must be at the practice the day before a game
- Arrive 15 minutes before start of practice to stretch and so you can be suited up to be in the water at practice start time

What to bring to practice:

- Water Days: Suit (Speedo or Jammer), Towel, Goggles, Water Bottle
- Dry Land Days: Athletic wear (Shorts & t-shirt), Athletic shoes, Water Bottles

Games

- You must travel with the team to and from the games on the bus unless you get a pre-approved exception by the Athletic Office

Communication:

- All info will be posted to www.sscathletics.org
- Direct communication will go through Remind App
 - o Players: 794ee6
 - o Parents: fg3d94