**Sumner Spartans**

* **Fall Sports Practice Information: 2018** 

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|  | **Aug 15** | **Aug 16** | **Aug 17**  | **Aug 18** | **Aug 20** | **Aug 21** | **Aug 22** | **Aug 23** | **Aug 24** | **Aug 25** |
| **Football*****Keith Ross: Head Coach*** | Weights: 8-9 AMPractice1: 9:30-11:30 AM Practice2:3:30–6:00 PM @ Stadium | Practice1: 8:30-11:00 AM Practice2:11:30 AM–12:30 PM @ Stadium | Weights: 8-9 AMPractice1: 9:30-11:30 AM Practice2:3:30–6:00 PM @ Stadium | Pictures: 9:00 AMPractice: 10:30 AM – 12:30 PM\*Dad’s BBQTo follow (until 1:30 PM)@ Stadium | Weights: 8:30-9:30 AMPractice1:10:00 AM–12:30 PM Practice2:4:00 – 6:00 PM @ Stadium | Practice:10:00 – 1:00 PM @ Stadium | Weights: 8:30-9:30 AMPractice1:10:00 AM–12:30 PM Practice2:4:00 – 6:00 PM @ Stadium | Practice:10:00 – 1:00 PM@ Stadium***\*Parent Meeting 7:30 pm – SHS Gym*** | Weights: 8:30-9:30 AMPractice1:10:00 AM–12:30 PM Fall Scrimmage:6:00-8:30 PM @ Stadium ***\*Scrimmage @ 7:00 pm*** | Practice1:9:00-11:00 AM Practice2:11:30 AM-12:30 PM @ Stadium |
| **Volleyball*****Allison Wood: Head Coach*** | n/a | n/a | n/a | n/a | 4:30-8:00 PM in SHS Gym | 4:30-8:00 PM in SHS Gym | 4:30-8:00 PM in SHS Gym |  4:30-6:30 PM in SHS Gym***\*Parent Meeting 7:30 pm – SHS Gym*** | Weights: 3:30-4:30PMPractice: 4:30-8:00 PM in SHS Gym | 9:00-11:00 AM in SHS Gym |
| **Cross Country (Boys/Girls)*****Timothy Dressler: Head Coach*** | n/a | n/a | n/a | n/a | Midnight Run (12:00-2:00 AM) @ Stadium |  3:00 PM @ Sunset Stadium | 3:00 PM Mt. Peak in Enumclaw\* ***Meet at SHS to catch bus @ 2:15PM (Return @ 5:30 PM)*** | 3:00 PM @ Sunset Stadium***\*Parent Meeting 7:30 pm – SHS Gym*** | 3:00 PM @ Bradley Park (Puyallup)**\*Transport on own** | TBD |
| **Boys Tennis*****Michael Hochstatter: Head Coach*** | n/a | n/a | n/a | n/a | 2:45-5:00 PM @ SHS Tennis Courts | 2:45-5:00 PM @ SHS Tennis Courts | 2:45-5:00 PM @ SHS Tennis Courts | 2:45-5:00 PM @ SHS Tennis Courts ***\*Parent Meeting 7:30 pm – SHS Gym*** | 2:45-5:00 PM @ SHS Tennis Courts | TBD |
| **Girls Soccer*****Robi Turley: Head Coach*** | n/a | n/a | n/a | n/a | Practice1: 8:00-10:00 AMPractice 2: 1:00 – 3:00 PM@ Stadium | Practice1: 8:00-10:00 AMPractice 2: 1:00 – 3:00 PM@ Stadium | Practice1: 8:00-10:00 AMPractice 2: 1:00 – 3:00 PM@ Stadium | Practice: 8:00-10:00 AM@ Stadium ***\*Parent Meeting 7:30 pm – SHS Gym*** | Practice: 8:00-10:00 AM@ Stadium | Practice: 1:00-3:00 pm@ Stadium(JV&C only) |
| **Boys Golf*****Jay Johnston: Head Coach*** | n/a | n/a | n/a | n/a | 2:45 PM Check-in & 3:00 PM Tee-time @ Linden GC | 2:45 PM Check-in & 3:00 PM Tee-time @ Linden GC | 3:00 PM @ Linden GC | 3:00 PM @ Linden GC***\*Parent Meeting 7:30 pm – SHS Gym*** | n/a | n/a |
| **Girls Golf*****Jay Johnston: Head Coach*** | n/a | n/a | n/a | n/a | 3:15 PM Check-in & 3:30 PM Tee-time @ Linden GC | 3:15 PM Check-in & 3:30 PM Tee-time @ Linden GC | 3:30 PM @ Linden GC | 3:30 PM @ Linden GC***\*Parent Meeting 7:30 pm – SHS Gym*** | n/a | n/a |
| **Girls Swim/Dive*****Dana Powers-Hubbard: Head Coach*** | n/a | n/a | n/a | n/a | 8:30 – 11:00 AM @ Sumner Pool | 8:30 – 11:00 AM @ Sumner Pool | 8:30 – 11:00 AM @ Sumner Pool | 8:30 – 11:00 AM @ Sumner Pool ***\*Parent Meeting 7:30 pm – SHS Gym*** | 8:30 – 11:00 AM @ Sumner Pool  | n/a |
| **Dance*****Brandy Burlew: Head Coach*** | n/a | n/a | n/a | n/a | Practice: 8:00 – 10:00 AM @ SHS Gym | Practice: 8:00 – 10:00 AM @ SHS Gym | Practice: 8:00 – 10:00 AM @ SHS Gym | Practice: 8:00 – 10:00 AM @ SHS Gym | n/a | n/a |
| **Cheer*****Cyndee Meek: Head Coach*** | n/a | n/a | n/a | n/a | Practice: 8:00 – 11:00 AM @ TBD | Practice: 8:00 – 11:00 AM @ TBD | n/a | n/a | n/a | n/a |