#### 2017-18 ENTIAT SCHOOL DISTRICT ATHLETIC/ACTIVITIES CODE Revised 7/20/17

The Entiat version of an athlete is one who can be admired, respected and emulated. This code was created to outline expectations for Entiat athletes so they may be in top physical condition and become positive role models.

One major purpose for maintaining an athletic program is to assist students in developing value systems that encourage self-discipline and personal responsibility. This document describes expectations, guidelines and procedures governing students who participate in the Entiat Athletic Program. A Student is governed by the athletic code beginning when he/she first participates in interscholastic athletics in the Entiat School District. Athletes in grades 7-12 are expected to abide by the provisions of the athletic code for the entire calendar year.

The process of following these guidelines, and any resultant discipline, should create positive learning experiences designed to develop attitudes and values that will assist students as they move toward adulthood.

#### I. STANDARDS AND GUIDELINES:

#### A. ACADEMIC REQUIREMENTS:

Students who participate in athletics are encouraged and expected to develop their academic potential. Other than the minimum requirement outlined below, the coaching staff and administration are committed to creating an environment that fosters academic success for students regardless of their ability level.

- 1. Minimum academic requirement: Passing grades in 6 classes in a 7 period class schedule.
- Grades will be checked by the athletic director on the following dates: Sept. 26, 2017; Oct. 17, 2017; Nov. 7, 2017- Quarter Grades; Dec. 5, 2017; Jan. 9, 2018; Jan. 30, 2018- Semester Grades.

Feb. 20, 2018; Mar. 13, 2018; April 10, 2018- Quarter Grades; April 30, 2018; May 22, 2018; June 11, 2018- Semester Grades.

3. If an athlete does not meet the minimum standard at one of the check dates, he/she will be provided avenues for extra help and then have one week to raise the grades. If the grades are not up after that one week, they will be ineligible until each subsequent Monday until the athlete meets the minimum academic requirement. Any athlete not passing all classes will be on probationary status and required to attend help sessions with teachers each day from 3:15-3:45 to remain eligible to compete.

#### B. ALCOHOL AND DRUG POLICY

The possession, distribution or use of any tobacco products, alcohol or controlled substance of any kind by a student athlete, whether it occurs on or off school property, is prohibited and shall result in the penalties set forth below. This policy includes drug paraphernalia and all nicotine and any other substances used with electronic cigarettes or any other vaping substances and devices. Additionally, being in the same vehicle, house, location or party where alcohol/drugs are known to be in illegal possession by minors or willingly remaining in a location where alcohol/drugs are being illegally consumed will result in the same penalties set forth below. It is the responsibility of the student athlete to remove him/herself from the presence of these illegal activities as soon as reasonably possible after he/she becomes aware these activities are taking place. The student athlete must then inform the Athletic Director the next school day of the situation or they will be subject to the penalties set forth below. If a student athlete violates the Alcohol and Drug policy and self admits the first school day after the violation and prior to any investigation by Administration, the consequence for a 1st time offender will be reduced by fourteen (14) days. There is no reduction for self-admitting a second or third offense.

# Violations for Alcohol and Drug Policy are cumulative during a student's four years in high school.

**First Offense-** Twenty Eight (28) day suspension from participation in interscholastic athletic competition and 10 hours of community service. The athlete must attend all practice sessions for the entire season. The successful completion of the consequences will be evaluated and approved by the Athletic Director.

**Second Offense-** Fifty Six (56) day suspension from participation in interscholastic athletic competition and 20 hours of community service. The athlete must attend all practice sessions for the entire season, mandatory meeting with a substance abuse counselor or other appropriate specialist, and show a demonstrated willingness to follow his or her recommendations. Reinstatement of the student in the athletic program is contingent upon the athlete complying with written recommendations made by the substance abuse counselor or other appropriate professional person and his or her approval for reinstatement. The athlete will be required to comply with the recommendations following the second offense or he or she will be disciplined as though a third offense have been committed. The successful completion of the consequences will be evaluated and approved by the Athletic Director.

**Third Offense-** Full suspension from all programs for the remainder of the athlete's high school career.

#### C. SOCIAL MEDIA POLICY

Athletes are prohibited from making inappropriate postings on social media. This includes but is not limited to:

- Postings with drugs, alcohol, marijuana, and tobacco, as well as the use of or the appearance of items meant to imply the use of said items.
- Postings with malicious or negative intent directed toward the team, school, or opponents.
- Postings using profanity, or overtly sexual in nature.

#### D. EXPECTED BEHAVIORS

The following outlines the obvious areas of expected behavior along with the consequences for violating those expectations.

- Athletes are expected to take care of school property. Any athlete who is found guilty of stealing or defacing school or personal property, will be dismissed from the team.
- Profane or obscene language, or any act of vulgarity, is not acceptable. Violators will be disciplined by the coach and may also face school disciplinary action.
- Athletes are expected to treat their opponent with respect before, during, and after competition. Athletes showing poor sportsmanship towards opponents or officials will be disciplined by the coach and may also face school disciplinary action.
- Athletes are expected to attend all classes, be on time, turn in their assignments on time, seek help from the teacher when necessary, have a positive attitude toward their peers and teachers, and be a good citizen. Failure to do so will result in discipline form the coach.
- Students are expected to be in attendance and attend classes the full day in order to participate in a practice or contest that day; excluding medical appointments, all other absences should be pre-arranged with the Athletic Director. Athletes are expected to attend ALL classes after a road contest.
- An athlete who is suspended from school may not participate in practices or games for the duration of the suspension, including holidays, weekends, and breaks.
- Attendance at practice, scrimmages, team meetings, and games is required. Absences not excused by the coach in advance may result in disciplinary action and possible removal from the team.
- Academic Honesty: Athletes are expected to uphold academic honesty and integrity. Athletes found cheating will be disciplined by the coach and may also face school disciplinary action.
- Hazing is defined as any conduct or method of initiation into any student organization that willfully or recklessly endangers the physical or mental health of any student or person. A student participant may not participate in a team or individual initiation or other event that involves this behavior.

### II. State Laws Regarding the Use of LEGEND DRUGS AND ANABOLIC STEROIDS

Recently the state legislature passed legislation dealing with the use of LEGEND DRUGS (drugs that can only be taken via a prescription to the user) and ANABOLIC Steroid. The text below includes the main provisions of the law and the penalties as outlined by the state legislature and the Washington Interscholastic Activities Association.

WASHINGTON LAWS AND STUDENT ELIGIBILITY - Whenever State of Washington Laws prohibit eligibility, or as a result of violation student eligibility is restricted by law, the member schools of WIAA shall minimally restrict participation in those activities under WIAA's jurisdiction as prescribed by law.

Penalties for violation of RCW 69.41.020-69.41.050 (Legend drugs including: anabolic steroids, possession, sale, and or use) - A violation of RCW 69.41.020-69.41.050 shall be considered a violation of the eligibility code and standards, and shall subject the student to disciplinary actions. The following penalties will be administered:

#### **1st Violation:**

## The student athlete shall be immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season.

Ineligibility shall continue until the next sports season in which the student athlete wishes to turn out. In order to be eligible to participate in the next interscholastic sports season, the student athlete shall meet with the school athletic board which consists of coaches and administrators selected by the principal to request approval to participate. The school athletic board will decide the appropriate action to be taken in the student athlete's case. The school principal shall have the final authority as to the student athlete's participation in the interscholastic sports program.

A student athlete who seeks and receives help for a problem with use of legend drugs (RCW 69.41.010 identified substances) shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student athlete from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with the athletic code by the student athlete may allow him/her to have eligibility re-instated in the athletic program pending recommendation by the school athletic board.

#### **2nd Violation**

A student athlete who again violates any provision of RCW 69.41.020 through 69.41.050 shall be ineligible and prohibited from participation in any WIAA member school interscholastic sports program for a period of one calendar year from the date of the second violation.

#### **3rd Violation**

A student athlete who violates for a third time RCW 69.41.020-69.41.050 shall be permanently prohibited from participation in any WIAA member school athletic program.