

## MARINER FOOTBALL 2016



## SUMMER AND PRESEASON CALENDAR

| SUNDAY                  | MONDAY                                    | TUESDAY                                   | WEDNESDAY                                 | THURSDAY                                  | FRIDAY                                     | SATURDAY                              |
|-------------------------|---|---|---|---|--|---------------------------------------|
| July 24 <sup>th</sup>   | July 25 <sup>th</sup>                     | July 26 <sup>th</sup>                     | July 27 <sup>th</sup>                     | July 28 <sup>th</sup>                     | July 29 <sup>th</sup>                      | July 30 <sup>th</sup>                 |
|                         | 13-Summer Practice                        | 14-Summer Practice                        | Strength Training                         | 15-Summer Practice                        |  |                                       |
|                         | Mariner Football<br>Team Camp             | Mariner Football<br>Team Camp             | 8:30am-9:30am                             | Mariner Football<br>Team Camp             |  |                                       |
|                         | Am Session:                               | Am Session:                               |   | Am Session:                               |  |                                       |
|                         | 8:30am-12noon                             | 8:30am-12noon                             |   | 8:30am-12noon                             |  |                                       |
|                         | Pm Session:<br>1:30pm-4:00pm              | <u>Pm Session:</u><br>1:30pm-4:00pm       |   | Pm Session:<br>1:30pm-4:00pm              |  |                                       |
| July 31 <sup>s†</sup>   | August 1 <sup>st</sup>                    | August 2 <sup>nd</sup>                    | August 3 <sup>rd</sup>                    | August 4 <sup>th</sup>                    | August 5 <sup>th</sup>                     | August 6 <sup>st</sup>                |
|                         | Performance Training                      | Performance Training                      | Performance Training                      | Performance Training                      |  |                                       |
|                         | 8:30am-9:30am                             | 8:30am-9:30am                             | 8:30am-9:30am                             | 8:30am-9:30am                             |  |                                       |
|                         | Strength Training<br>9:45am-11:00am       | Strength Training<br>9:45am-11:00am       | Strength Training<br>9:45am-11:00am       | Strength Training<br>9:45am-11:00am       |  |                                       |
| August 7 <sup>th</sup>  | August 8 <sup>th</sup>                    | August 9 <sup>th</sup>                    | August 10 <sup>th</sup>                   | August 11 <sup>th</sup>                   | August 12 <sup>th</sup>                    | August 13 <sup>th</sup>               |
|                         | Performance Training                      | Performance Training                      | Performance Training                      | Performance Training                      | -  | -                                     |
|                         | 8:30am-9:30am                             | 8:30am-9:30am                             | 8:30am-9:30am                             | 8:30am-9:30am                             |  |                                       |
|                         | Strength Training                         | Strength Training                         | Strength Training                         | Strength Training                         |  |                                       |
| August 14 <sup>th</sup> | 9:45am-11:00am<br>August 15 <sup>th</sup> | 9:45am-11:00am<br>August 16 <sup>th</sup> | 9:45am-11:00am<br>August 17 <sup>nd</sup> | 9:45am-11:00am<br>August 18 <sup>th</sup> | August 19 <sup>th</sup>                    | August 20 <sup>th</sup>               |
|                         | Performance Training                      | Performance Training                      | Performance Training                      | Performance Training                      | Team Pictures                              | 4-Practice (Full Pads)                |
|                         | 8:30am-9:30am                             | 8:30am-9:30am                             | 11:30am-12:15pm                           | 11:30am-12:15pm                           | 11:30am-12:30pm                            | 6:00am-8:15am                         |
|                         | Strength Training                         | Strength Training                         | Team/Group Meetings                       | Team/Group Meetings                       | Team/Group Meetings                        | Team Breakfast                        |
|                         | 9:45am-11:00am                            | 9:45am-11:00am                            | 12:30pm-2:00pm                            | 12:30pm-2:00pm                            | 12:30pm-2:00pm                             | 8:30am-9:15am                         |
|                         | Parent Meeting<br>7:00pm-8:00pm           |   | 1-Practice (Helmets)                      | 2-Practice (Helmets)                      | <b>3-Practice</b> (Helmets)                | Team/Group Meetings                   |
|                         |   |   | 2:30pm-5:30pm                             | 2:30pm-5:30pm                             | 2:30pm-5:30pm                              | 9:30am-11:00am                        |
| August 21 <sup>st</sup> | August 22 <sup>nd</sup>                   | August 23 <sup>rd</sup>                   | August 24 <sup>th</sup>                   | August 25 <sup>th</sup>                   | August 26 <sup>th</sup>                    | August 27 <sup>th</sup>               |
|                         | Performance Training                      | Snap Fundraiser                           | Performance Training                      | Snap Fundraiser                           | Performance Training                       | Team/Group Meetings                   |
|                         | 11:30am-12:15pm                           | Homework Handout                          | 11:30am-12:15pm                           | Kickoff                                   | 11:30am-12:15pm                            | 9:00am-9:45am                         |
|                         | Team/Group Meetings                       | 11:00am-12noon                            | Team/Group Meetings                       | 11:00am-12noon                            | Team/Group Meetings                        | Jamboree vs.                          |
|                         | 12:30pm-2:00pm                            | Team/Group Meetings                       | 12:30pm-2:00pm                            | Team/Group Meetings                       | 12:30pm-2:00pm                             | 10:00am-12:30pm                       |
|                         | 5-Practice (Full Pads)                    | 12:30pm-2:00pm                            | 7-Practice (Full Pads)                    | 12:30pm-2:00pm                            | 9-Practice (Full Pads)                     |                                       |
|                         | 2:30pm-5:30pm                             | 6-Practice (Full Pads)                    | 2:30pm-5:30pm                             | 8-Practice (Full Pads)                    | 2:30pm-5:30pm                              |                                       |
| A stath                 | A at 20th                                 | 2:30pm-5:30pm                             | 4   | 2:30pm-5:30pm                             | C  | C . L . L . Ord                       |
| August 28 <sup>th</sup> | August 29 <sup>th</sup>                   | _   | August 31 <sup>st</sup>                   | September 1 <sup>st</sup>                 | September 2 <sup>nd</sup><br>Pre-Game Meal |                                       |
|                         | Performance Training<br>11:30am-12:15pm   | Performance Training<br>11:30am-12:15pm   | Team/Group Meetings                       | Team/Group Meetings                       | 2:30pm-3:30pm                              | Performance Training<br>8:30am-9:15am |
|                         |   |   | 1:30pm-2:00pm                             | 1:30pm-2:00pm                             | Varsity Game 1                             |                                       |
|                         | Team/Group Meetings<br>12:30pm-2:00pm     | Team/Group Meetings<br>12:30pm-2:00pm     | 13-Practice(Full Pads)                    | 14-Practice(Full Pads)                    | vs.<br>Oak Harbor                          | Team/Group Meetings<br>9:30am-11:30am |
|                         |   | · · ·                                     | 2:30pm-5:30pm                             | 2:30pm-5:30pm<br>Team Dinner              | 7pm  | >.00um-11.00dm                        |
|                         | 11-Practice(Full Pads)<br>2:30pm-5:30pm   | 12-Practice(Full Pads)<br>2:30pm-5:30pm   |   |   |  |                                       |
|                         |   |   |   |   |  |                                       |
|                         |   |   |   |   |  |                                       |