



# SPANAWAY LAKE SENTINELS 2017 Varsity Girls Cross Country



Name	Year
Cheyenne Lorusso	12
Serenity Anderson	9
Miracle Draper	12
Quin Furman	10
Breanna Hess	11
Amanda Smith	10
Annamarie Steed	12
Brianna Wilde	9

## Head Coach

Cindy Barlow-Bickford

## Assistants

Darin Bickford

## Superintendent

Thomas Seigel

## District AD

Bryan Streleski

## Principal

Julie Baublits

## Athletic Director

Mark Torgerson

## Supervisor

Ken Leise

## Advisor

Caroline Goree

## Athletic Trainer

Eileen Bennett

ATI

## Associate Administrator

Bruce Leonardy

## Assistant Prinipals

Michelle Scott-Beach

Susan Mayne

& Sarah Sunday